

Introduction to new random-effects methods in RevMan

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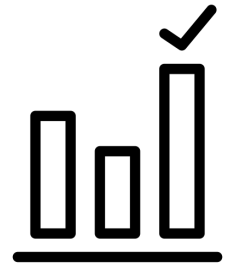


Objective

To introduce the new random-effects methods being implemented in RevMan

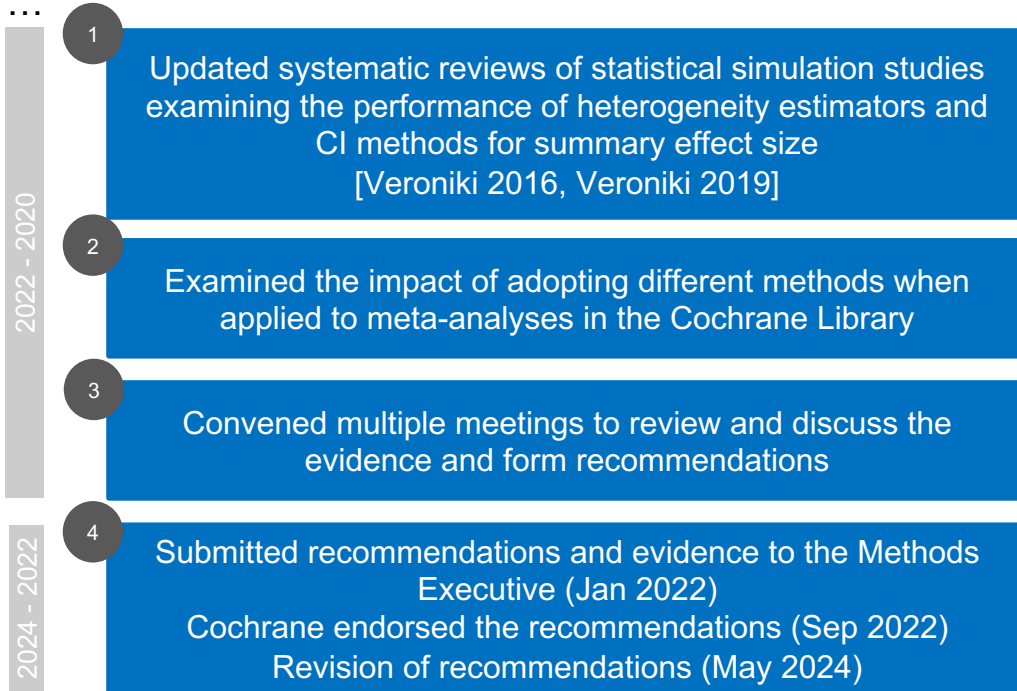
Outline

- Process used to develop the recommendations for the random-effects meta-analysis methods
- Recap the random-effects model
- Outline the new random-effects methods, recommendations for when to use them (and why), and how they may impact the results (via example)
 - Heterogeneity estimator (and confidence interval method)
 - Confidence interval method for the summary mean effect
 - Prediction interval
- What to write in a protocol
- Questions



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from Noun Project

Process used to develop and **implement** recommendations



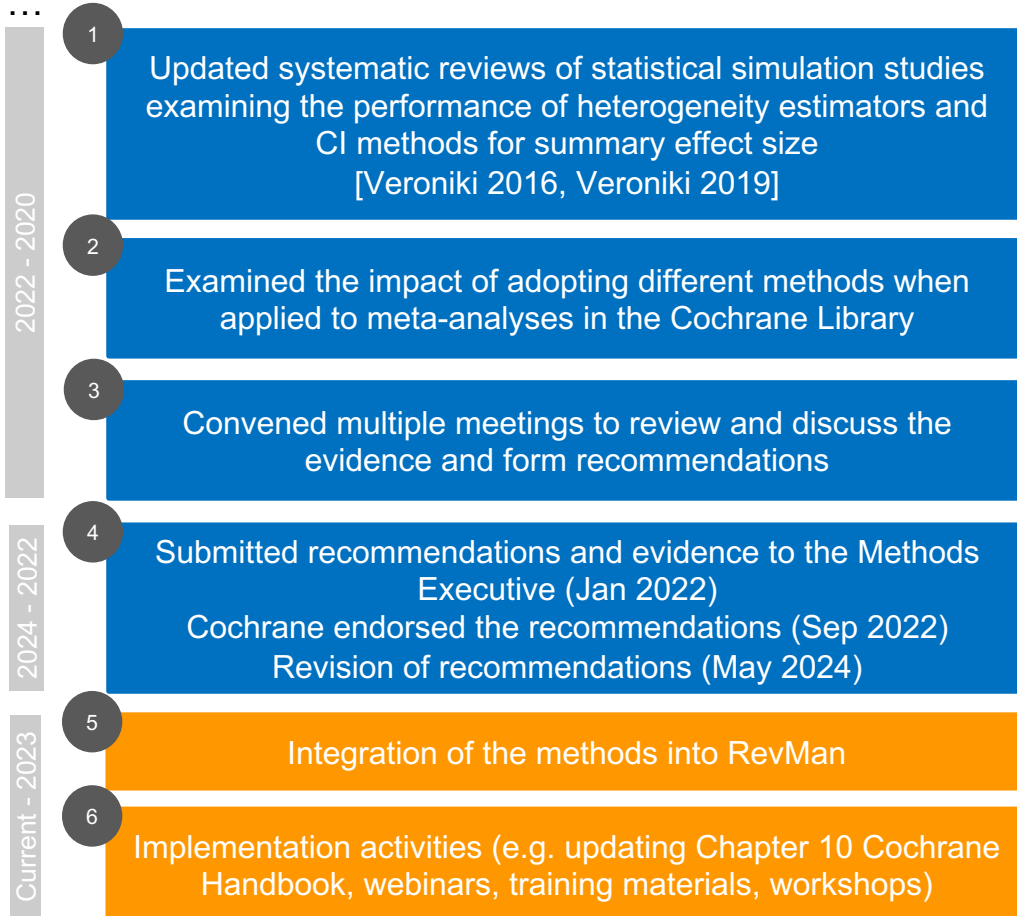
Team developing recommendations:

- Areti-Angeliki Veroniki | Unity Health Toronto, University of Toronto
- Dean Langan | University College London
- Simon Turner | Monash University
- Mark Simmonds | University of York
- Anna Chaimani | Université Paris Cité
- Kerry Dwan | formally Cochrane
- Joanne McKenzie | Monash University

Experience:

- Co-convenors of the Cochrane Statistical Methods Group
- Led systematic reviews of statistical simulation studies, and undertaken simulation studies, examining random-effects methods
- Led empirical evaluations examining the impact of using different methods
- Cochrane Methods Support Unit Lead and Statistical Editor

Process used to develop and **implement** recommendations



Cochrane Methods Implementation Editor:

- Ingrid Arévalo-Rodriguez

Cochrane IT development and Infrastructures:

- Rebecka Hall | RevMan Product Owner
- Gert van Valkenhoef | Head
- Rasmus Moustgaard | Senior Systems Architect
- + Others

Specialist statistical advice from:

- Julian Higgins | University of Bristol
- Wolfgang Viechtbauer | metafor package creator

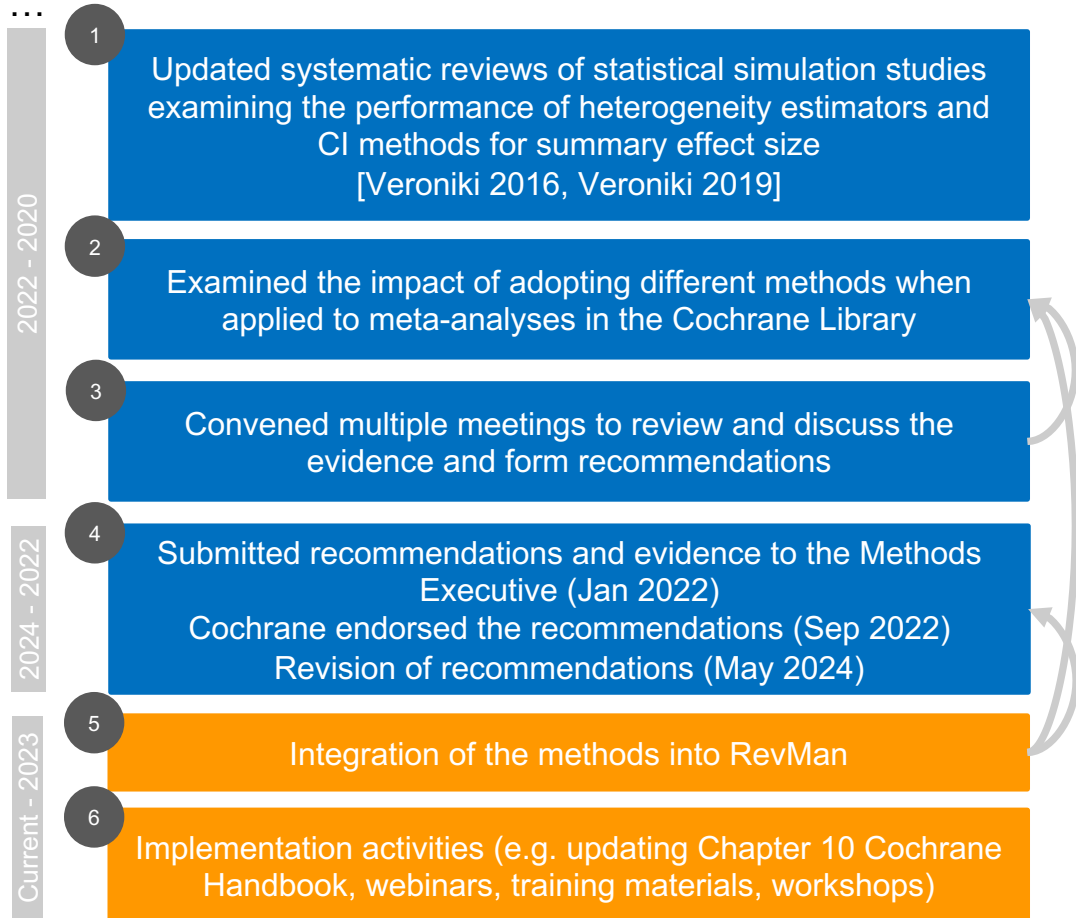
Cochrane Statistical Methods Group links:

- Areti-Angeliki Veroniki | Unity Health Toronto, University of Toronto
- Joanne McKenzie | Monash University

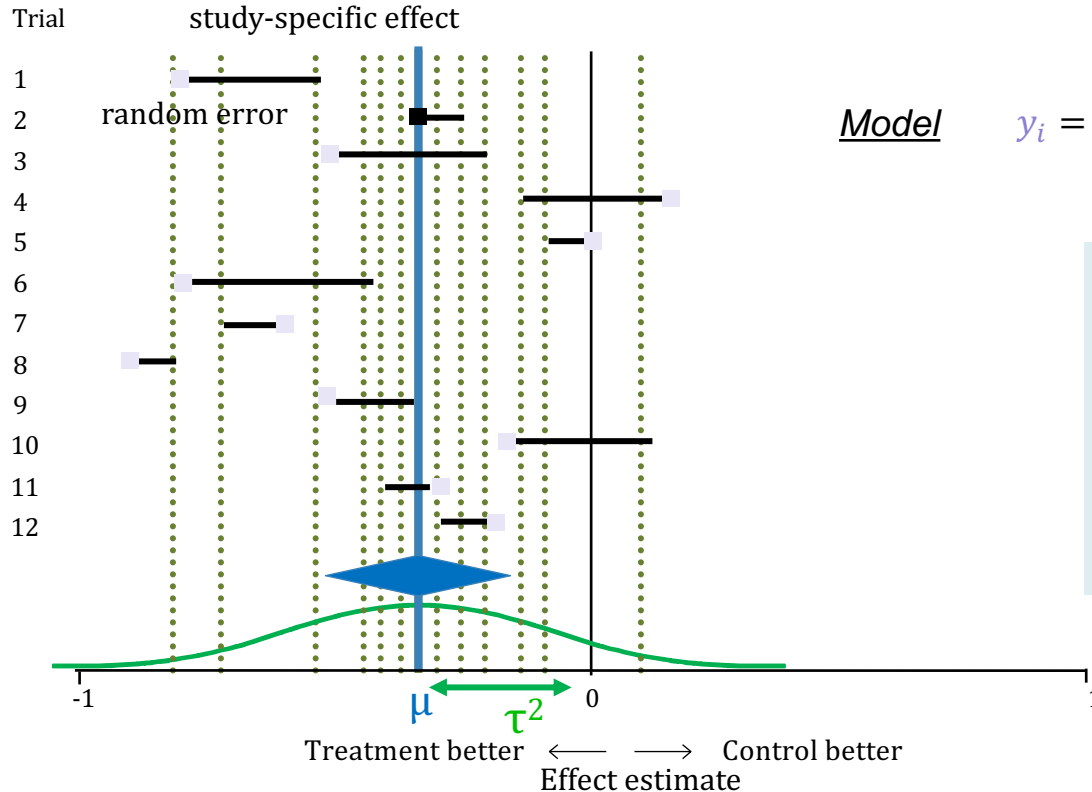
Testing:

- *Simon Turner* | Monash University

Process used to develop and **implement** recommendations



Random-effects meta-analysis



Model

$$y_i = \underbrace{\theta_i}_{\mu + u_i} + \varepsilon_i$$

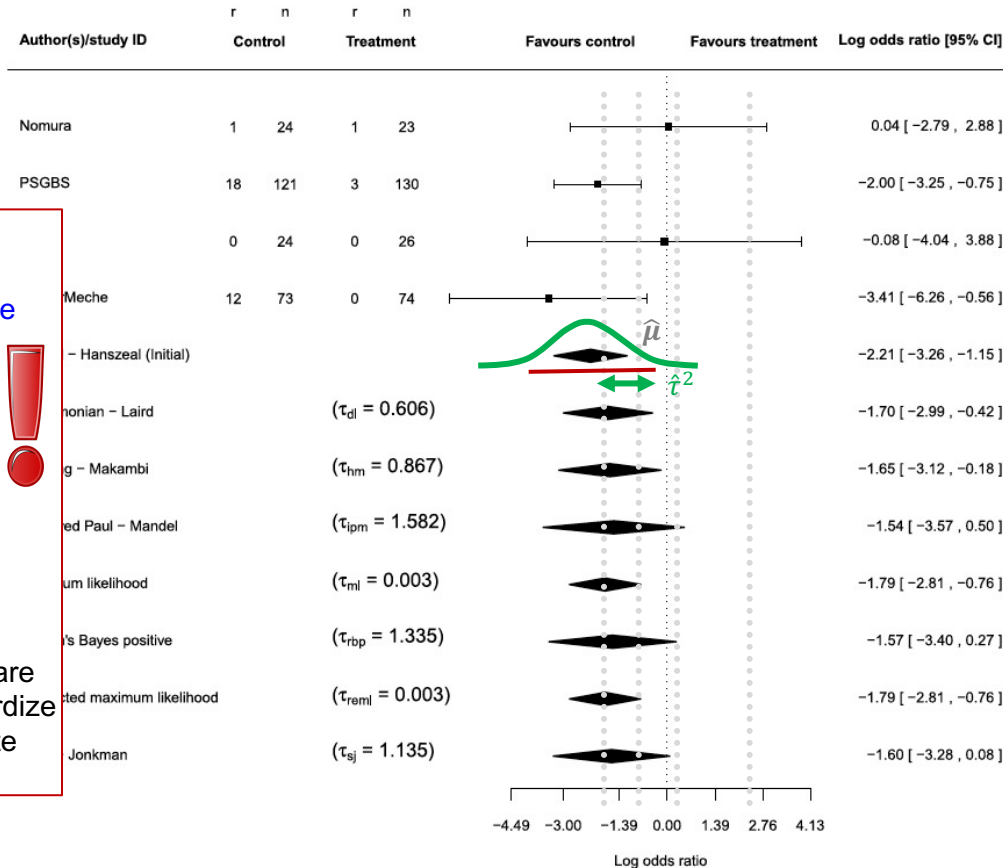
$u_i \sim N(0, \tau^2)$
 $\varepsilon_i \sim N(0, s_i^2)$

Main Assumption:

- The observed study-specific effects estimate different *true* effects, which are related and come from the same distribution

Random-effects meta-analysis model

Intravenous immunoglobulin (iVIG) for Guillain – Barre syndrome (GBS)



Under the random-effects model, we can estimate a number of parameters and calculate several statistics, including:

- Average (summary) effect ($\hat{\mu}$), along with a CI
- Between-study variance ($\hat{\tau}^2$), along with a CI
- **Prediction interval** (predicted range for the true treatment effect in an individual study)
- + others (e.g., I^2 , H^2)

The choice of the method for estimating

- between-study variance (heterogeneity) and its uncertainty
- uncertainty for the summary effect size



is important when conducting a meta-analysis

When inappropriate methods are used, this can seriously jeopardize results, leading to inappropriate conclusions

Random-effects meta-analysis model

- **DerSimonian & Laird (DL)** is the frequently random-effects meta-analysis method used
- DL is a method of moments estimator of τ^2
- The Wald-type normal distribution is used to calculate a CI for the summary effect
- DL with the Wald-type normal distribution is the **only** random-effects method implemented in **RevMan**
- Different estimators of heterogeneity (τ^2) and methods to calculate uncertainty in the summary effect exist
- For any particular meta-analysis, the estimated parameters (e.g. summary effect, heterogeneity variance) may differ depending on the method used

Which is the most appropriate method to use?



Work conducted on behalf of
the Cochrane Statistical
Methods Group

Invited Review
Research Synthesis Methods
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(wileyonlinelibrary.com) DOI: 10.1002/jrsm.1164

Methods to estimate the between-study variance and its uncertainty in meta-analysis

Areti Angeliki Veroniki,^{a*} Dan Jackson,^b
Wolfgang Viechtbauer,^c Ralf Bender,^d Jack Bowden,^e
Guido Knapp,^f Oliver Kuss,^g Julian P.T. Higgins,^{h,i}
Dean Langan¹ and Georgia Salanti^j

Meta-analyses are typically used to estimate the overall/mean of an outcome of interest. However, inference about between-study variability, which is typically modelled using a between-study variance parameter, is usually an additional aim. The DerSimonian and Laird method, currently widely used by

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RESEARCH ARTICLE

WILEY Research Synthesis Methods

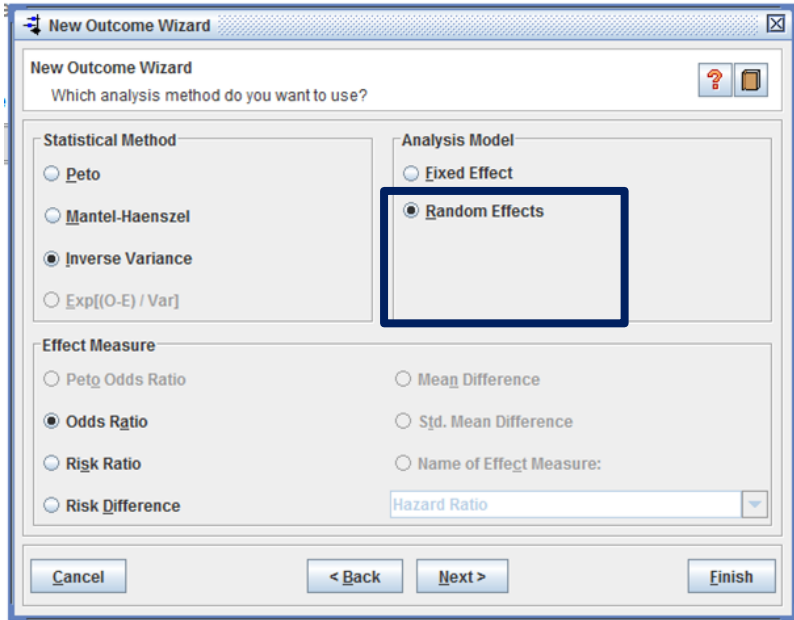
Methods to calculate uncertainty in the estimated overall effect size from a random-effects meta-analysis

Areti Angeliki Veroniki^{1,2} | Dan Jackson³ | Ralf Bender⁴ | Oliver Kuss^{5,6} |
Dean Langan⁷ | Julian P.T. Higgins⁸ | Guido Knapp⁹ | Georgia Salanti¹⁰

¹Li Ka Shing Knowledge Institute, St. Michael's Hospital, Toronto, Canada
²Department of Primary Education,

Meta-analyses are an important tool within systematic reviews to estimate the overall effect size and its confidence interval for an outcome of interest. If het-

Updating RevMan



Statistical method Inverse variance

Effect measure Odds ratio

Analysis model Random effects

Heterogeneity estimator


- DerSimonian and Laird (DL)
- Restricted Maximum Likelihood (REML)

Show confidence interval for heterogeneity estimator on forest plot

Totals Totals and subtotals

Test for subgroup differences

Swap event and non-event

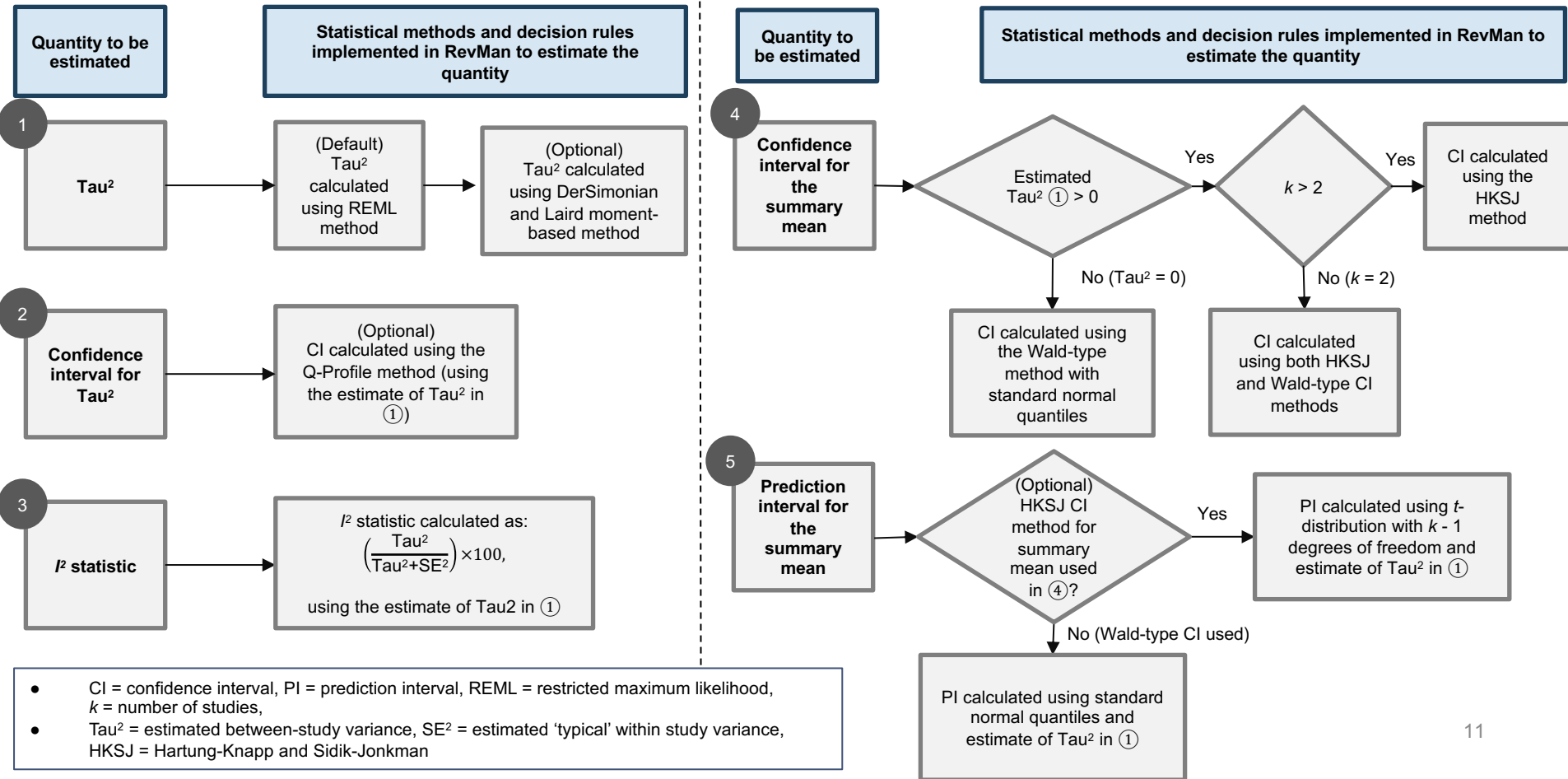
Show prediction interval for total on forest plot 

Confidence / prediction intervals 95%

Summary effect CI method

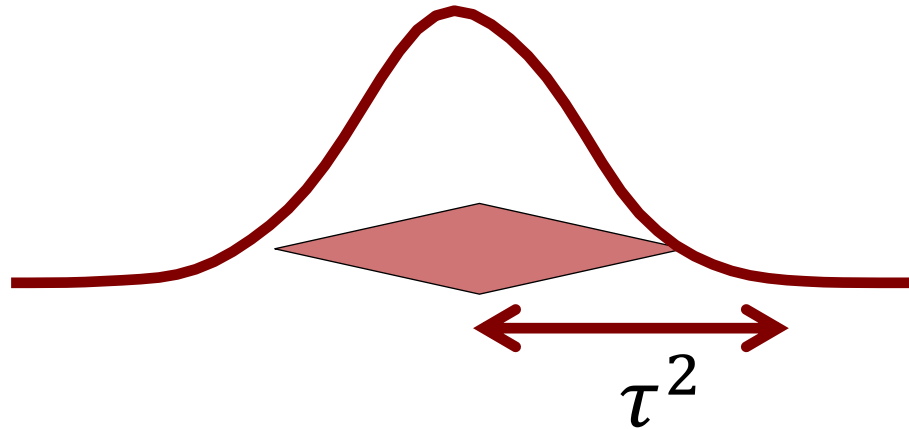
- Wald-type (normal distribution)
- Hartung and Knapp, Sidik and Jonkman (HKSJ) distribution

Random-effects methods implemented in RevMan

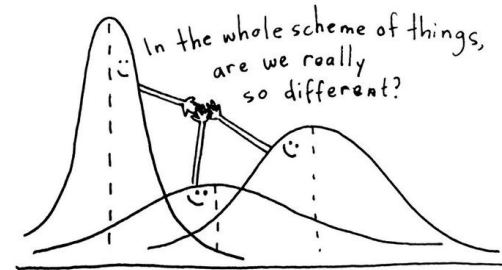
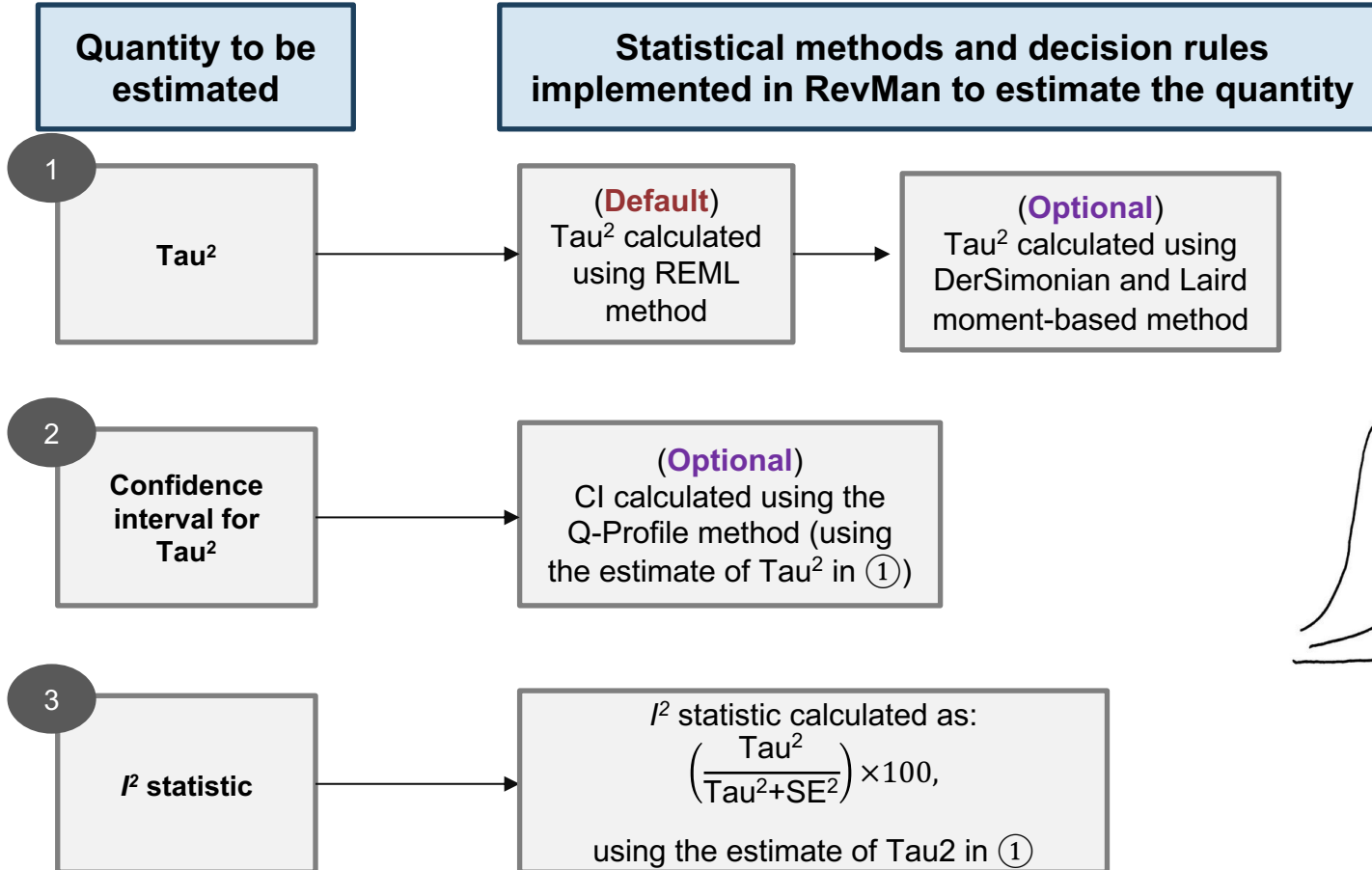


- CI = confidence interval, PI = prediction interval, REML = restricted maximum likelihood, k = number of studies,
- Tau² = estimated between-study variance, SE² = estimated 'typical' within study variance, HKSJ = Hartung-Knapp and Sidik-Jonkman

1. Inference on the heterogeneity



Inference on the heterogeneity



Recommendations based on published studies

An empirical study using 57,397 Cochrane meta-analyses with $k \geq 2$ showed that:
→ The mean τ^2 is **higher** than generally assumed but **fails** to be detected, especially for **small k** !

Kontopantelis et al. 2013



A descriptive analysis of Cochrane systematic reviews found that **75%** of meta-analyses contained **5 or fewer studies**

Davey et al. 2011

The majority of the pairwise meta-analyses have:

$$k \leq 10$$

Turner et al 2012
Pullenayegum et al 2011
Rhodes et al 2014

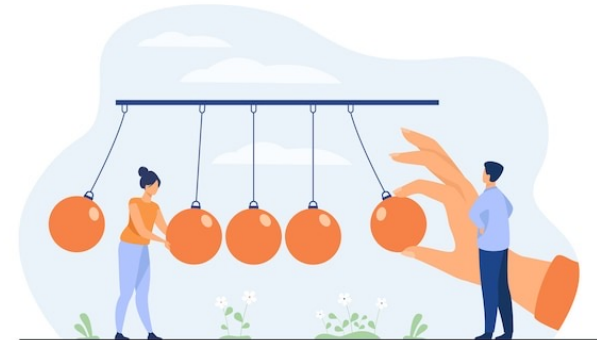
Problem for Cochrane reviews → few studies

- e.g. Langan 2015 median 4 [IQR 3-7]

Implications with different estimators for heterogeneity

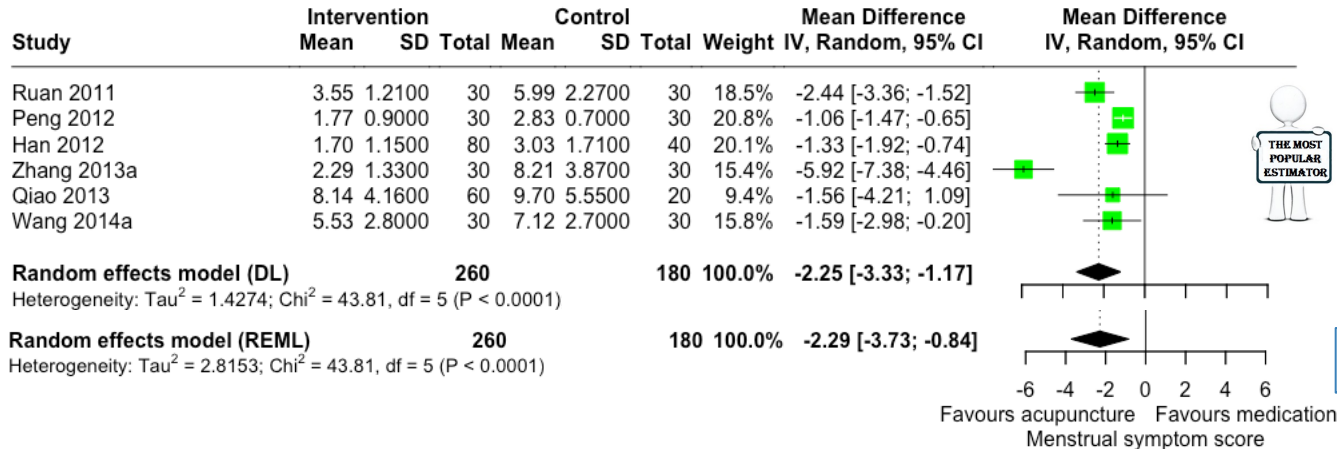
According to simulation and empirical findings, the main **factors** (among others) that may affect the between-study variance estimation are:

- **Number** and **size** of **studies** included in the meta-analysis
- Magnitude of true **heterogeneity**
- **Frequency** of events (for dichotomous outcomes)



DL often underestimates heterogeneity (particularly when the number of studies is small)

Acupuncture for dysmenorrhoea



DL: $\hat{\tau}^2 = 1.427$; $I^2 = 89\%$

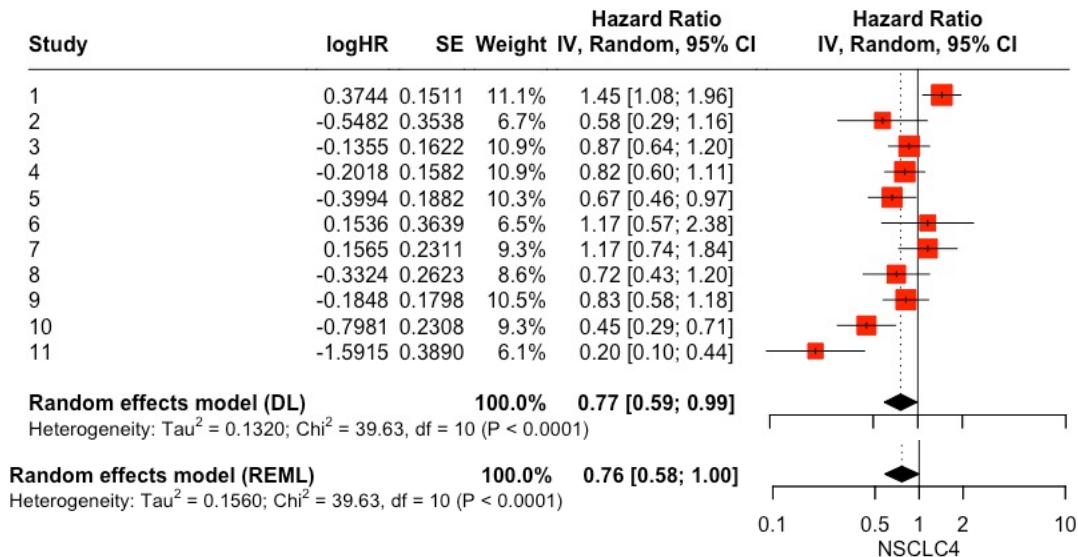
REML: $\hat{\tau}^2 = 2.815$; $I^2 = 94\%$

The amount of between-study variance can be estimated, but estimates are usually **imprecise**

Obtain a CI for τ^2 !

95% CI for $\hat{\tau}^2$: [0.824, 19.515]

Simulations have shown that REML provides more accurate estimates with less bias



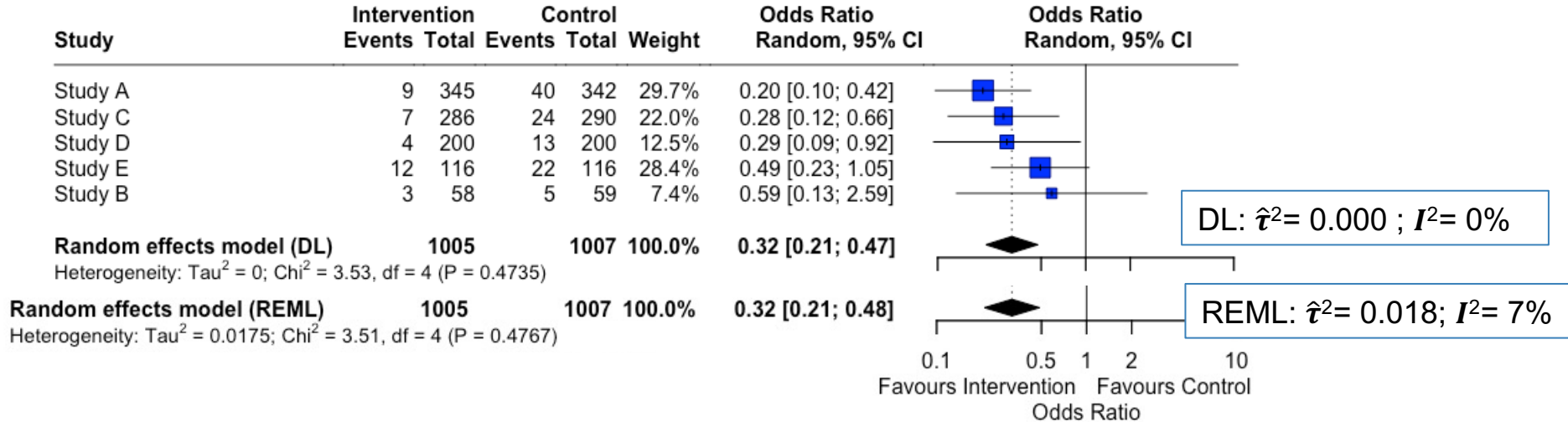
DL: $\hat{\tau}^2 = 0.132$; $I^2 = 75\%$

REML: $\hat{\tau}^2 = 0.156$; $I^2 = 78\%$

Confidence interval for τ^2

95% CI for $\hat{\tau}^2$: [0.052 0.787]

DL frequently estimates tau=0

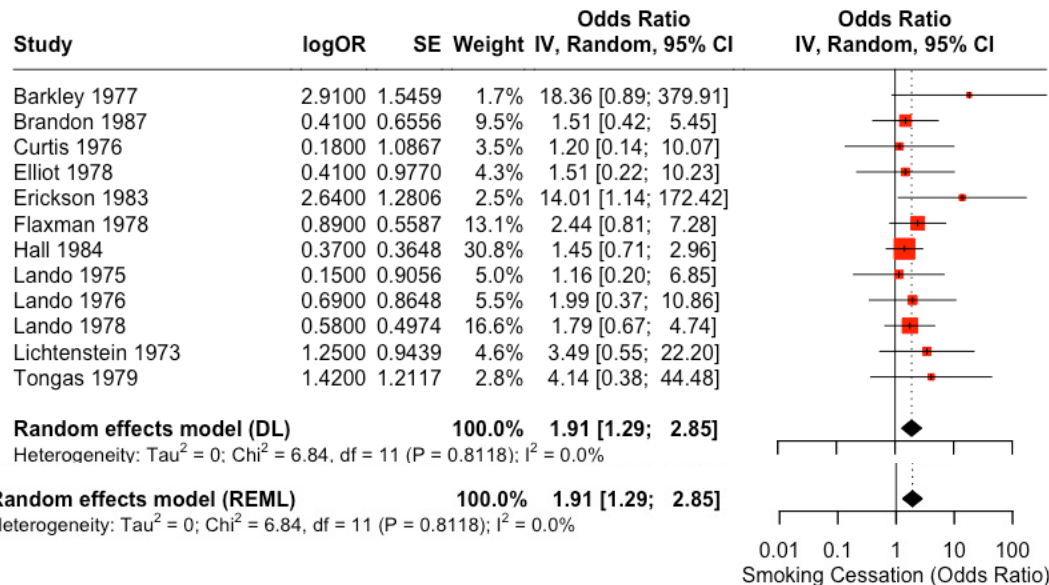


Confidence interval for Tau²

95% CI for $\hat{\tau}^2$: [0.000 1.298]

When the number of studies increases DL tends to agree with REML

Aversive smoking for smoking cessation



Confidence interval for τ^2

95% CI for $\hat{\tau}^2$: [0.000 0.904]

DL: $\hat{\tau}^2 = 0.000$; $I^2 = 0\%$

REML: $\hat{\tau}^2 = 0.000$; $I^2 = 0\%$

In case of rare events, both DL and REML tend to underestimate heterogeneity

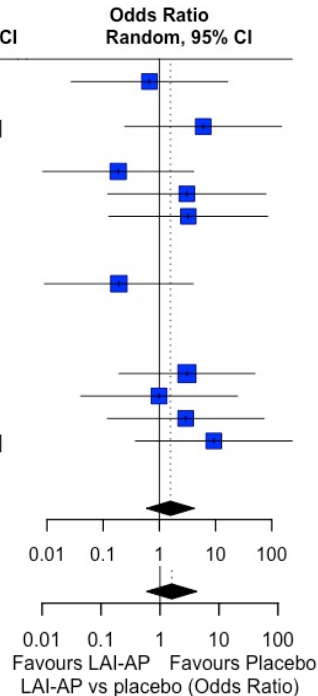
All-cause mortality in antipsychotics

Long-acting injectable antipsychotics (LAI-AP) vs Placebo

Study	LAI-AP		Placebo		Weight	Odds Ratio Random, 95% CI	Odds Ratio Random, 95% CI
	Events	Total	Events	Total			
Kane 2012	0	134	1	269	9.5%	0.67 [0.03; 16.44]	
Kane 2014	0	172	0	168	0.0%		
Meltzer 2015	1	207	0	415	9.6%	6.04 [0.24; 148.82]	
Hirsch 1973	0	40	0	41	0.0%		
Jolley 1990	0	27	2	27	10.3%	0.19 [0.01; 4.05]	
Odejide 1952	1	35	0	35	9.4%	3.09 [0.12; 78.41]	
Rifkin 1977	1	22	0	23	9.3%	3.28 [0.13; 84.87]	
Lauriello 2008	0	98	0	306	0.0%		
Berwaerts 2015	0	145	0	160	0.0%		
Fu 2015	0	170	2	164	10.6%	0.19 [0.01; 4.00]	
Gopal 2010	0	135	0	221	0.0%		
Hough 2010	0	204	0	206	0.0%		
Kramer 2010	0	84	0	163	0.0%		
Nasrallah 2010	1	127	1	391	12.7%	3.10 [0.19; 49.85]	
Pandinda 2010	0	164	1	488	9.6%	0.99 [0.04; 24.37]	
Takahasji 2013	1	164	0	160	9.5%	2.94 [0.12; 72.83]	
Kane 2003	1	98	0	302	9.5%	9.31 [0.38; 230.34]	
Nasser 2016	0	119	0	235	0.0%		

Random effects model (DL) 2145 3774 100.0% 1.58 [0.59; 4.26]
 Heterogeneity: Tau² = 0; Chi² = 6.73, df = 9 (P = 0.6650)

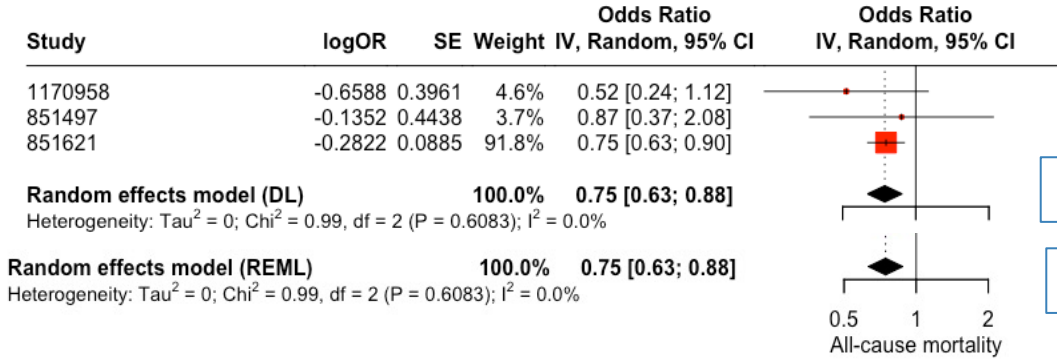
Random effects model (REML) 2145 3774 100.0% 1.58 [0.59; 4.26]
 Heterogeneity: Tau² = 0; Chi² = 6.64, df = 9 (P = 0.6742)



DL: $\hat{\tau}^2 = 0.000$; $I^2 = 0\%$

REML: $\hat{\tau}^2 = 0.000$; $I^2 = 0\%$

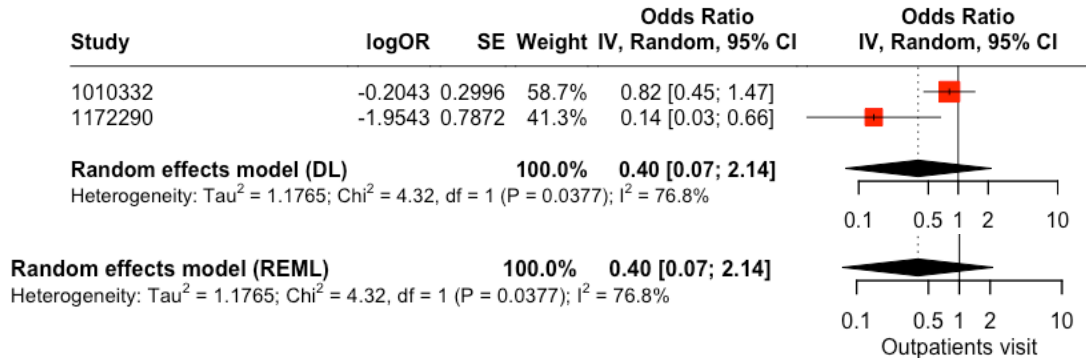
For very few studies both DL and REML tend to underestimate heterogeneity



DL: $\hat{\tau}^2 = 0.00$; $I^2 = 0\%$

REML: $\hat{\tau}^2 = 0.00$; $I^2 = 0\%$

95% CI for $\hat{\tau}^2$: [0.000 2.717]

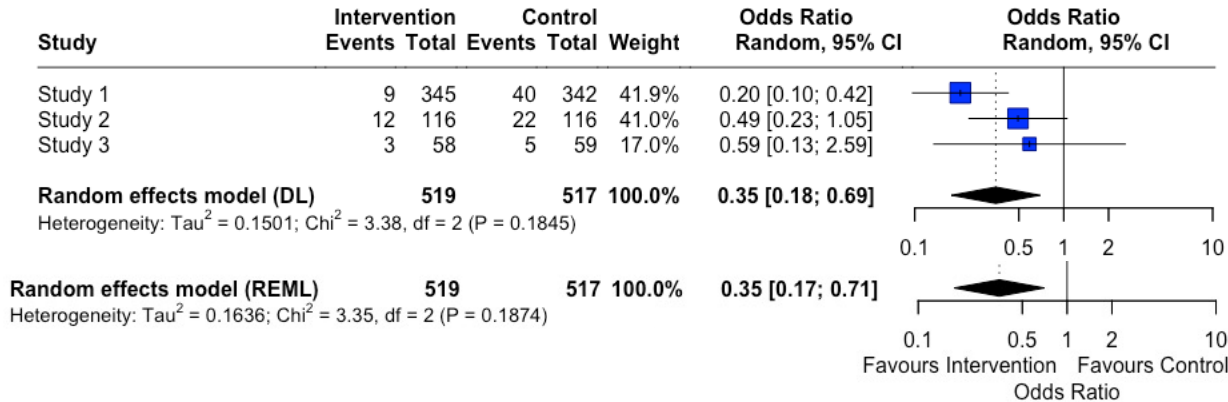


DL: $\hat{\tau}^2 = 1.176$; $I^2 = 76.8\%$

REML: $\hat{\tau}^2 = 1.176$; $I^2 = 76.8\%$

95% CI for $\hat{\tau}^2$: [0.000 >100]

For very few studies both DL and REML tend to underestimate heterogeneity but usually REML performs best



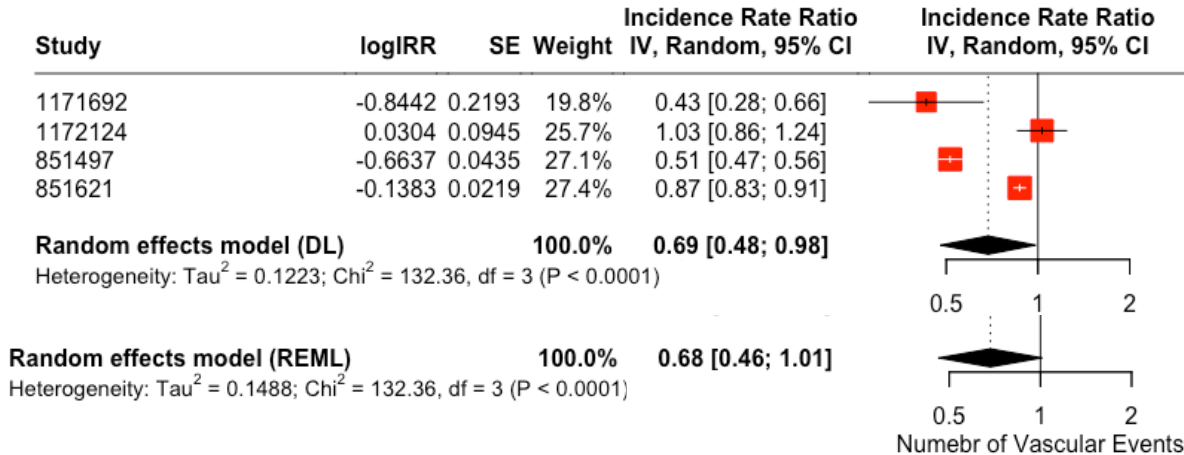
DL: $\hat{\tau}^2 = 0.151$; $I^2 = 40\%$

REML: $\hat{\tau}^2 = 0.1636$; $I^2 = 43\%$

Confidence interval for τ^2

95% CI for $\hat{\tau}^2$: [0.000 12.707]

For very few studies both DL and REML tend to underestimate heterogeneity but usually REML performs best (particularly when heterogeneity is high)

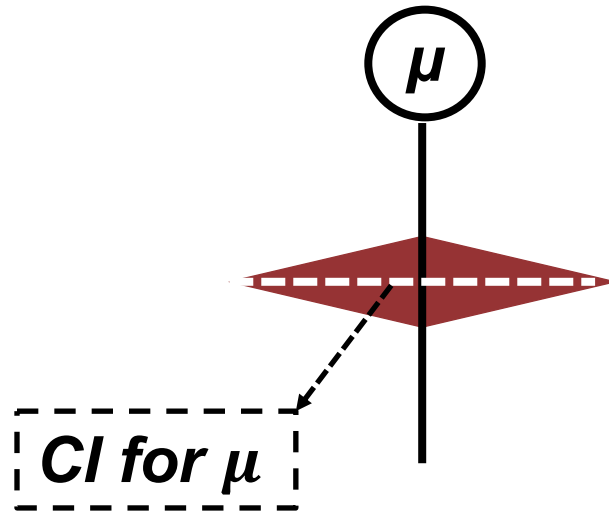


DL: $\hat{\tau}^2 = 0.122$; $I^2 = 97.7\%$

REML: $\hat{\tau}^2 = 0.149$; $I^2 = 98.1\%$

Confidence interval for Tau² 95% CI for $\hat{\tau}^2$: [0.039 2.391]

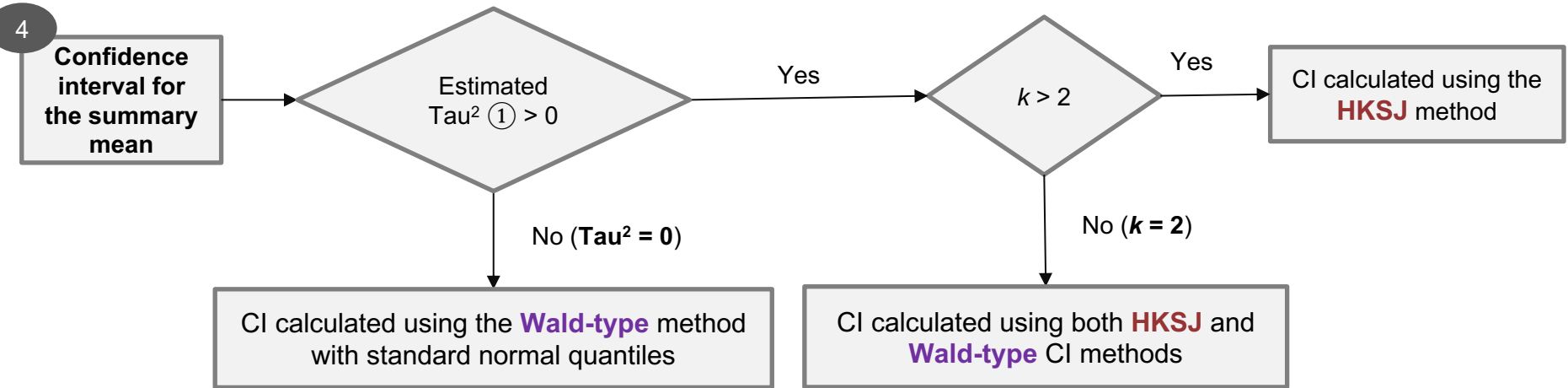
2. Inference on the summary mean effect



Inference on the summary mean effect

Quantity to be estimated

Statistical methods and decision rules implemented in RevMan to estimate the quantity



WT depends on the number of studies

(For few studies the CIs for μ are too narrow)

Study	Experimental		Control		Weight	Odds Ratio Random, 95% CI	Odds Ratio Random, 95% CI
	Events	Total	Events	Total			
Study A	9	345	40	342	29.0%	0.20 [0.10; 0.42]	
Study B	3	58	5	59	7.9%	0.59 [0.13; 2.59]	
Study C	7	286	24	290	22.2%	0.28 [0.12; 0.66]	
Study D	4	200	13	200	13.1%	0.29 [0.09; 0.92]	
Study E	12	116	22	116	27.9%	0.49 [0.23; 1.05]	
Random effects model (HKSJ)	1005		1007		100.0%	0.32 [0.19; 0.54]	
Random effects model (Wald Type)	1005		1007		100.0%	0.32 [0.21; 0.48]	

Heterogeneity: $\text{Tau}^2 = 0.0175$; $\text{Chi}^2 = 3.51$, $\text{df} = 4$ ($P = 0.48$); $I^2 = 0\%$

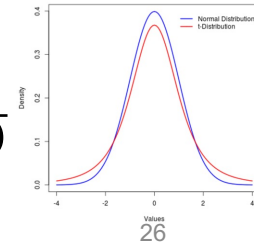
The most popular CI is WT

standard normal distribution

t-distribution

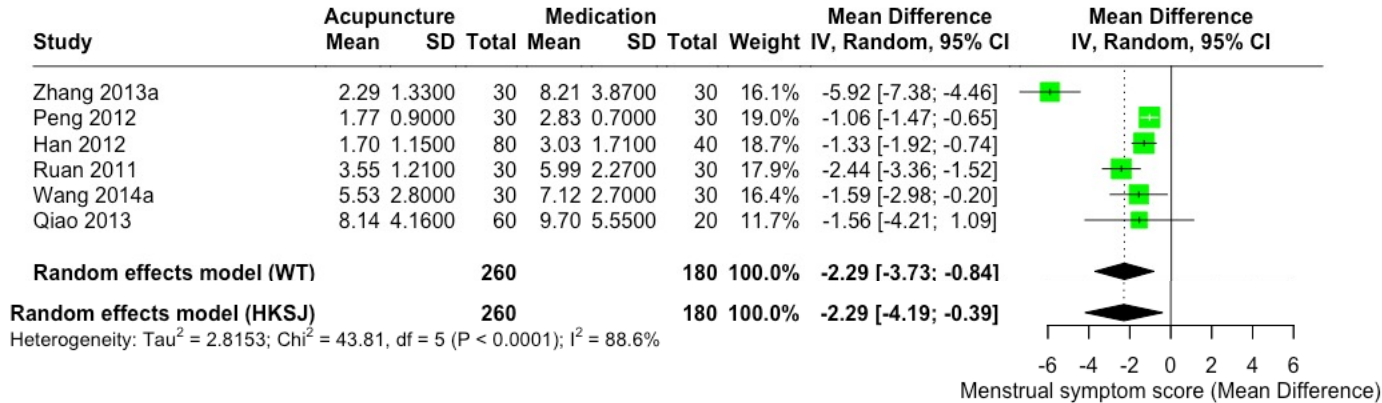
Wald Type 95% CI: $\hat{\mu} \pm 1.96 \sqrt{\text{var}_{WT}(\hat{\mu})}$
[0.21, 0.48]

HKSJ 95% CI: $\hat{\mu} \pm t_{k-1, 0.975} \sqrt{\text{var}_{HKSJ}(\hat{\mu})}$
[0.19, 0.54]



HKSJ on average produces wider CIs, but captures the true summary effect

Acupuncture for dysmenorrhoea



$\hat{\tau}^2 = 2.815$

WT: [-3.73, -0.84]

HKSJ: [-4.19, -0.39]

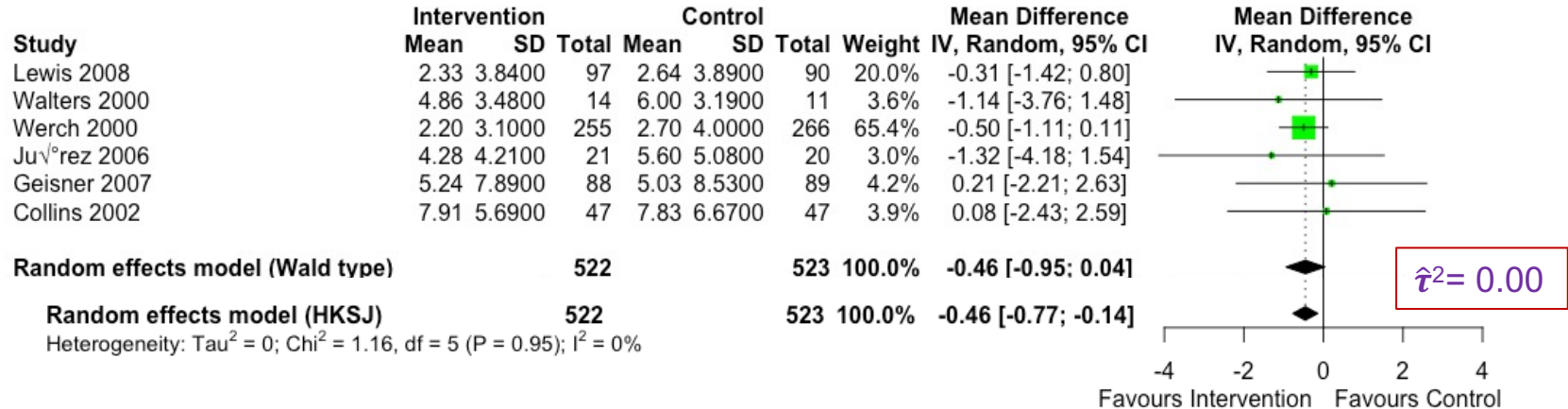
With $var_{HKSJ}(\hat{\mu}) > var_{WT}(\hat{\mu})$, when $\hat{\tau}^2 > 0$

Wald Type 95% CI: $\hat{\mu} \pm 1.96\sqrt{var_{WT}(\hat{\mu})}$
[-3.73, -0.84]

HKSJ 95% CI: $\hat{\mu} \pm t_{k-1,0.975}\sqrt{var_{HKSJ}(\hat{\mu})}$
[-4.19, -0.39]

In the absence of heterogeneity: HKSJ < WT

Alcohol-related problems: up to 3 months Social norms (SN) vs control



Wald Type 95% CI: $\hat{\mu} \pm 1.96\sqrt{var_{WT}(\hat{\mu})}$
 $[-0.46 \pm 1.96^* \sqrt{0.06}]$
 $[-0.95, 0.04]$

HKSJ 95% CI: $\hat{\mu} \pm t_{k-1, 0.975} \sqrt{var_{HKSJ}(\hat{\mu})}$
 $[-0.46 \pm 2.57^* \sqrt{0.015}]$
 $[-0.77, -0.14]$

In the absence of heterogeneity: HKSJ < WT

(Irrespective of the number of studies)

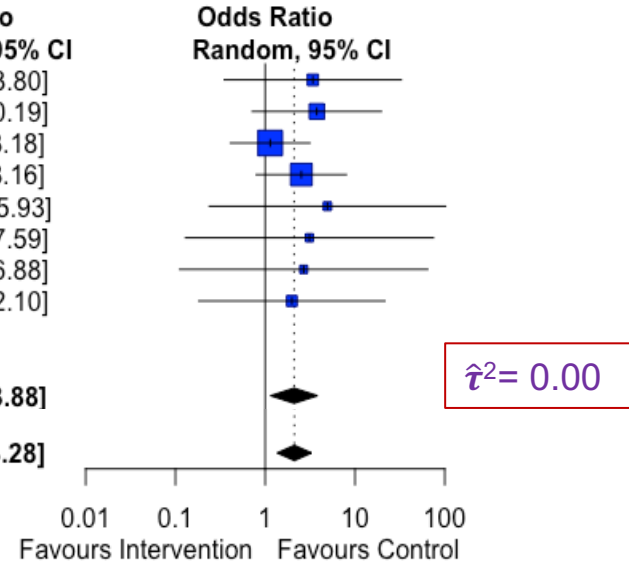
Respiratory distress syndrome

Sotiriadis et al CDSR 2018: <https://pubmed.ncbi.nlm.nih.gov/30075059/>

Antenatal corticosteroids vs no steroids

Study	Intervention		Control		Weight	Odds Ratio Random, 95% CI
	Events	Total	Events	Total		
Stutchfield 2005	3	66	1	73	7.1%	3.43 [0.35; 33.80]
Ahmed 2015	6	36	2	40	13.2%	3.80 [0.72; 20.19]
Nooh 2018	8	301	7	299	35.0%	1.14 [0.41; 3.18]
Nada 2016	10	611	4	616	27.2%	2.55 [0.79; 8.16]
Ahmed 2015	2	76	0	74	4.0%	5.00 [0.24; 105.93]
Stutchfield 2005	1	210	0	219	3.6%	3.14 [0.13; 77.59]
Stutchfield 2005	1	195	0	175	3.6%	2.71 [0.11; 66.88]
Nooh 2018	2	301	1	299	6.4%	1.99 [0.18; 22.10]
Ahmed 2015	0	112	0	114	0.0%	
Random effects model (Wald Type)	1908	1909	100.0%	2.11 [1.15; 3.88]		
Random effects model (HKSJ)	1908	1909	100.0%	2.11 [1.36; 3.28]		

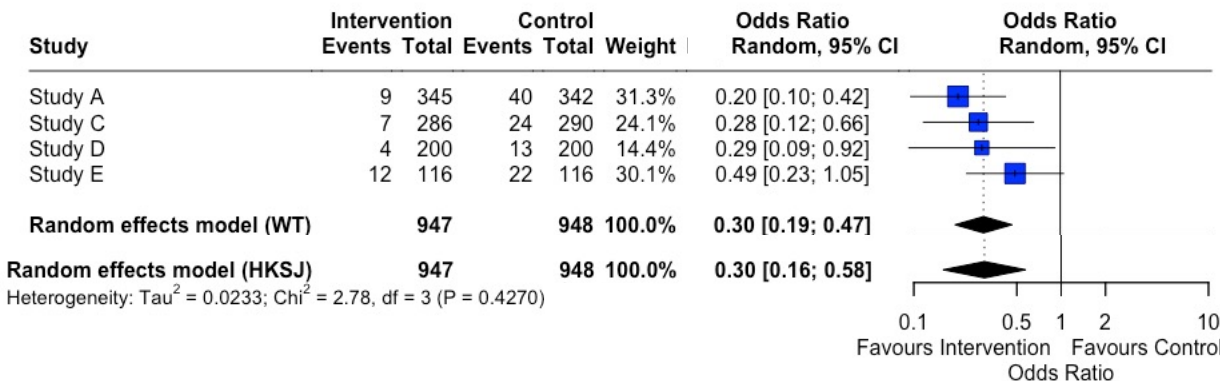
Heterogeneity: $\tau^2 = 0$; $\text{Chi}^2 = 2.52$, $\text{df} = 7$ ($P = 0.93$); $I^2 = 0\%$



The **HKSJ** method is **not** always **conservative** compared to the **common-effect** meta-analysis!
This is why **the most conservative CI** is always **recommended** to be selected

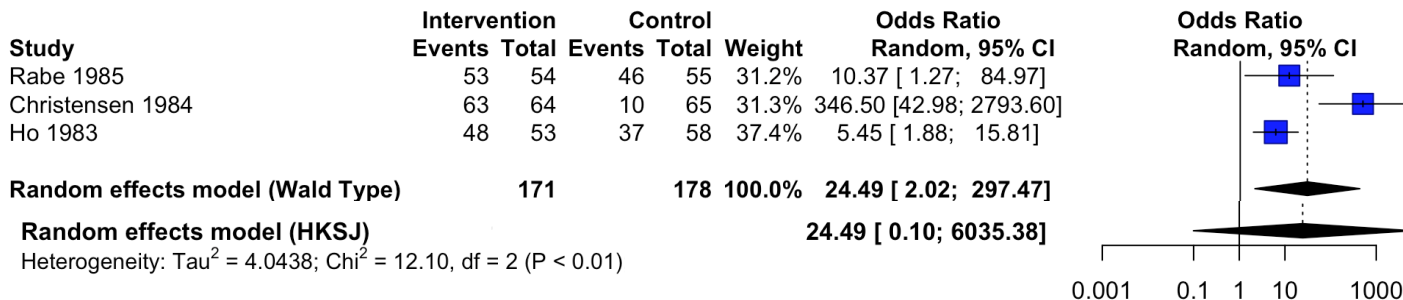
HKSJ when the number of studies is <5

Number of studies : $k=4$



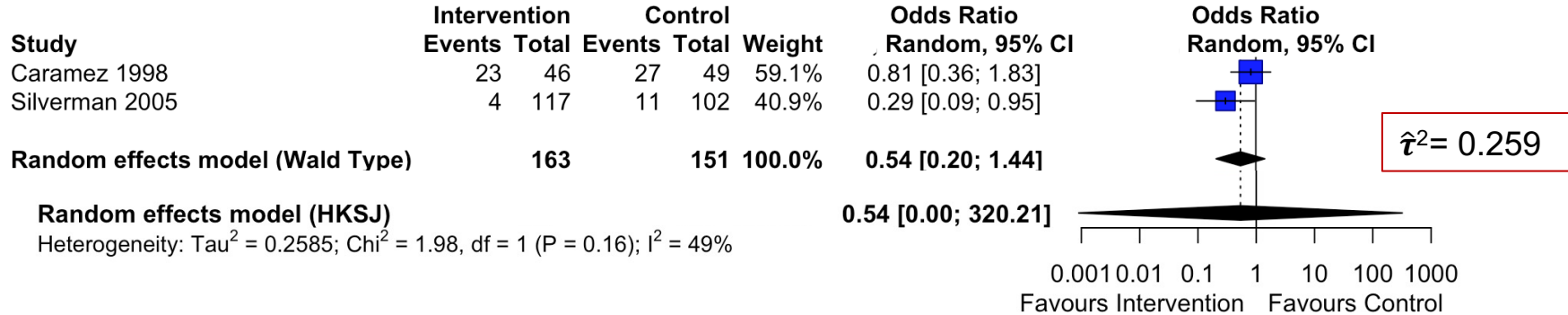
$\hat{\tau}^2 = 0.023$

Number of studies : $k=3$



$\hat{\tau}^2 = 4.044$

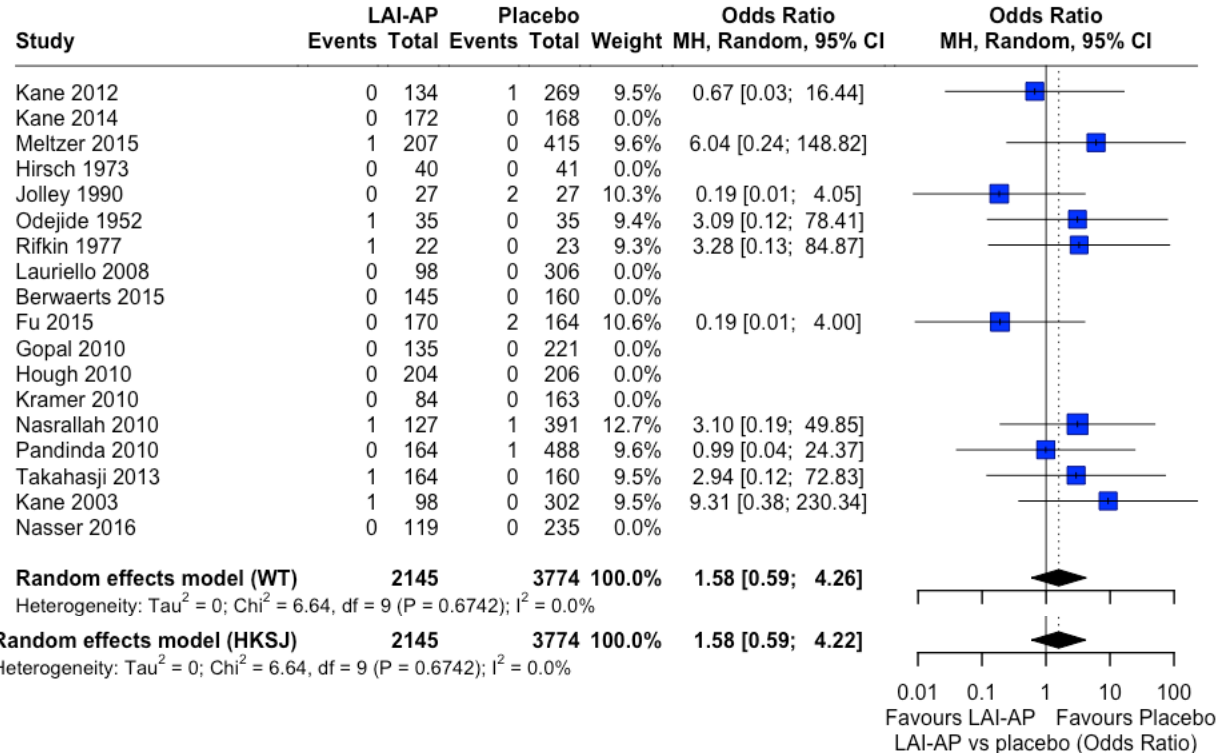
HKSJ when the number of studies is <5



In the case of 2 studies, the HKSJ can lead to overly conservative results!

In case of rare events, HKSJ performs worse than DL

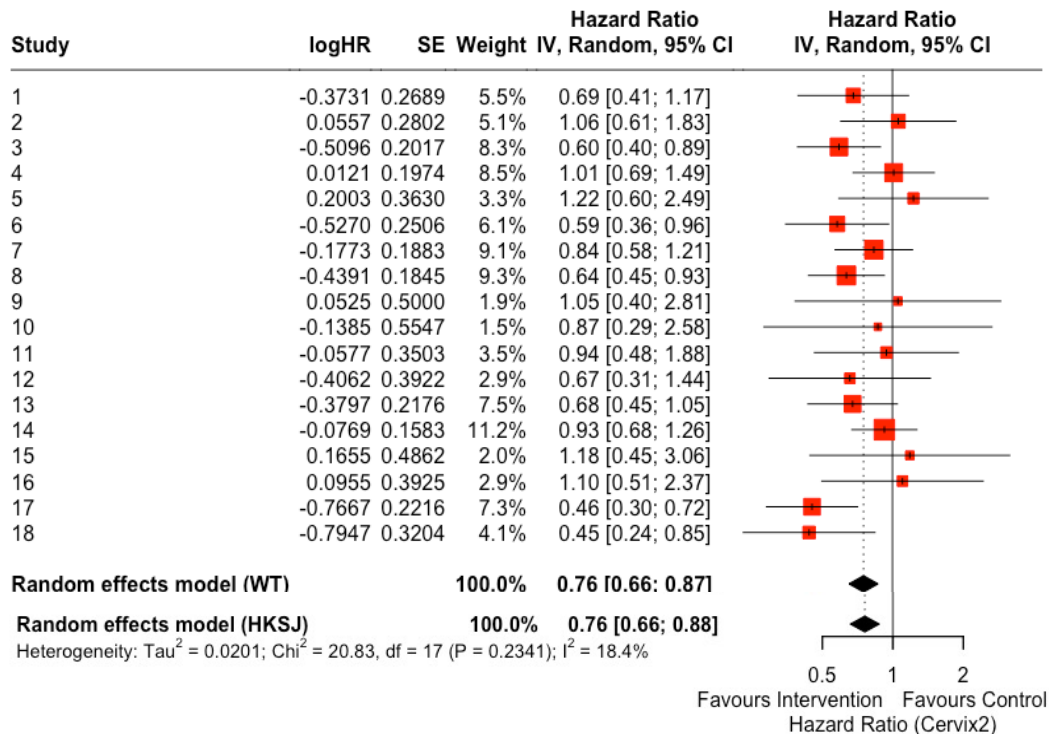
All-cause mortality in antipsychotics



$\hat{\tau}^2 = 0.00$

HKSJ is **suboptimal** than WT in meta-analyses with **binary** outcomes of **rare events** !

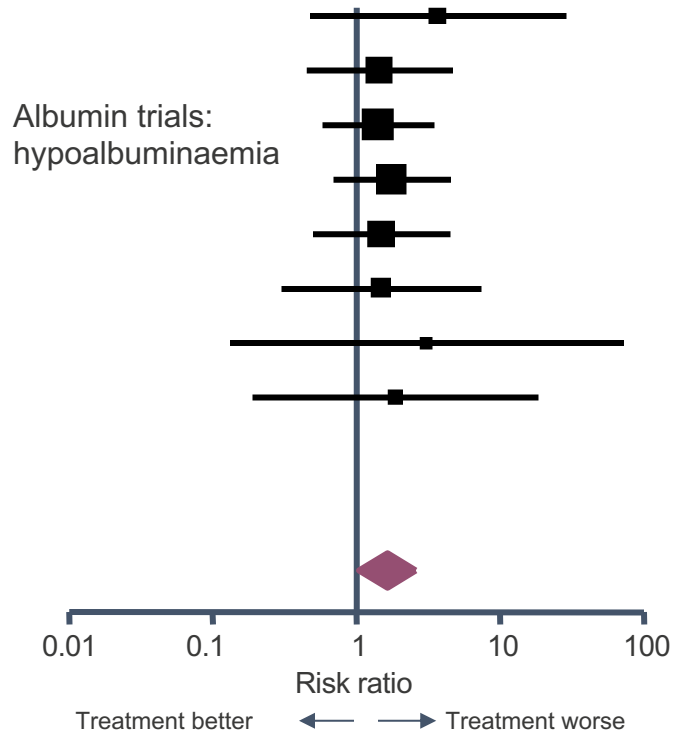
HKSJ gives comparable results to DL as the number of studies increases



WT: [0.66, 0.87]

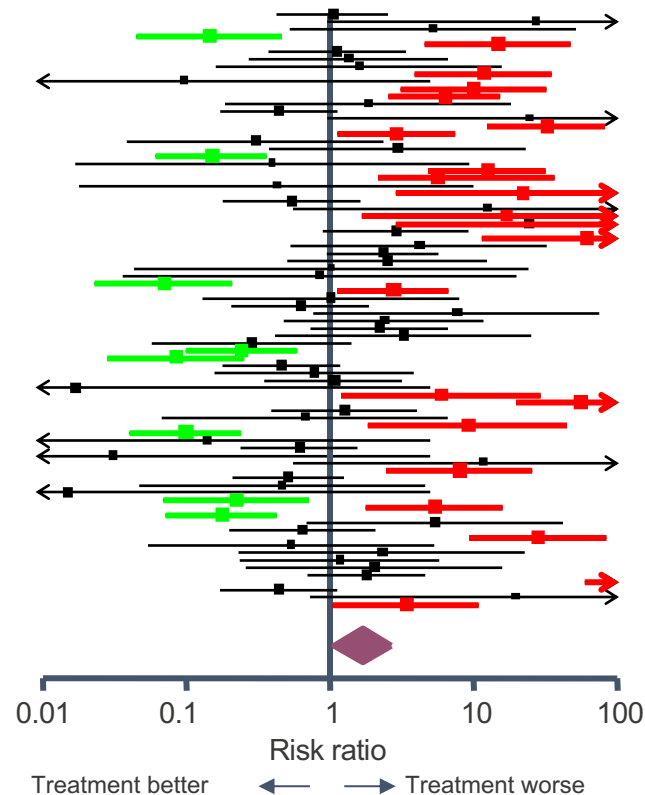
HKSJ: [0.66, 0.88]

Estimates with 95% confidence intervals



Random effects meta-analysis:
1.64 (1.04 , 2.58) P = 0.03

Estimates with 95% confidence intervals

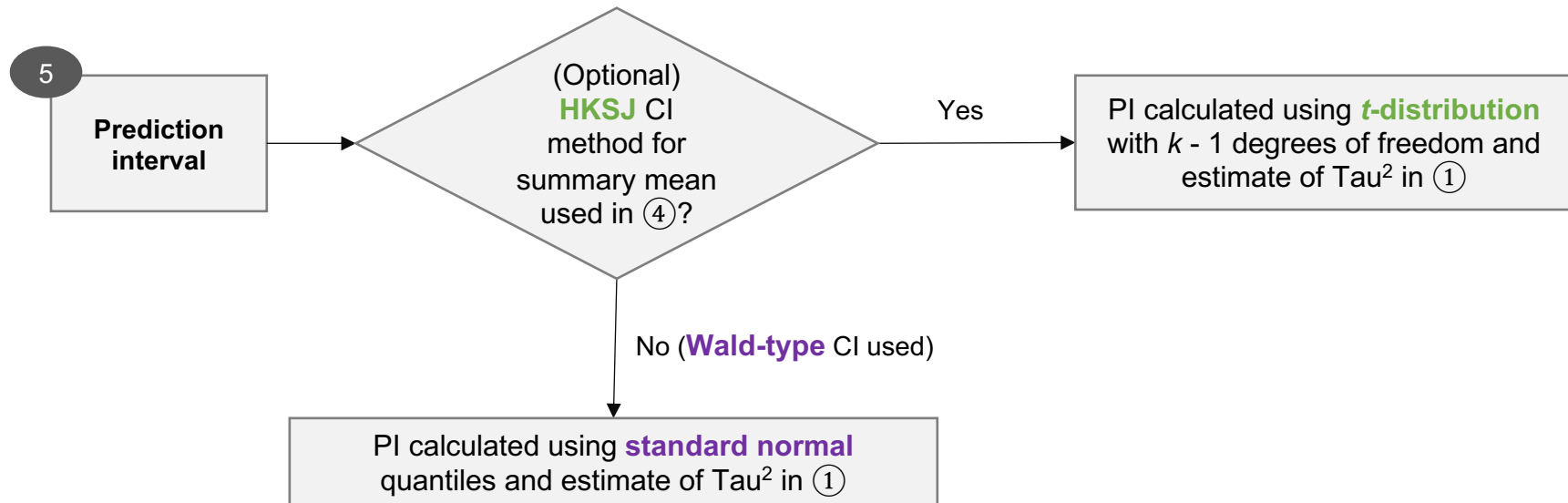


Random effects meta-analysis:
1.64 (1.04 , 2.58) P = 0.03

Prediction intervals for random-effects meta-analysis

Quantity to be estimated

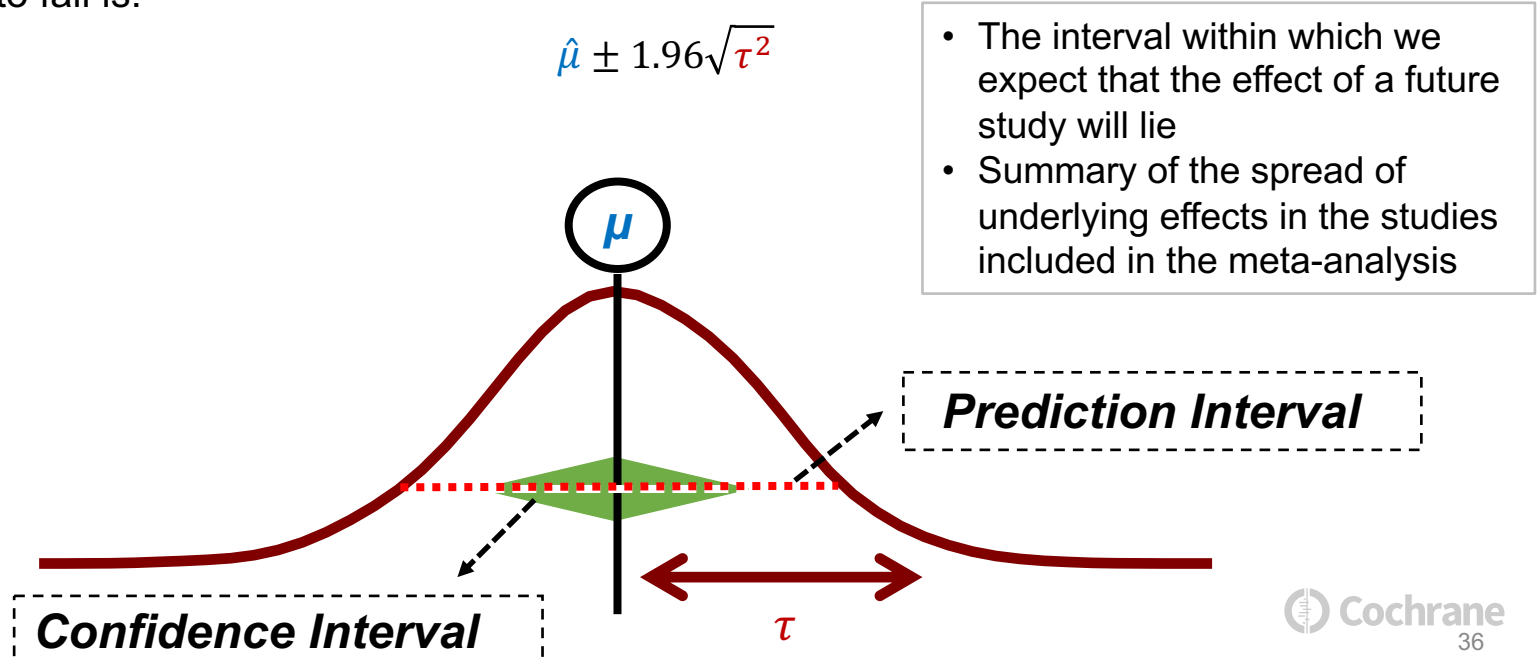
Statistical methods and decision rules implemented in RevMan to estimate the quantity



- CI = confidence interval, PI = prediction interval, REML = restricted maximum likelihood, k = number of studies,
- Tau^2 = estimated between-study variance, SE^2 = estimated 'typical' within study variance, HKSJ = Hartung-Knapp and Sidik-Jonkman

Prediction Intervals for random-effects meta-analysis

A 95% prediction interval where approximately 95% of the true treatment effects are predicted to fall is:



Calculation of a prediction interval

An approximate 95% range of normally distributed underlying effects can be obtained by:

$$\hat{\mu}_{RE} \pm 1.96\sqrt{\tau^2}$$

But, in practice, both the **summary estimate** (μ) and τ are estimated, which needs to be accounted for when calculating the prediction interval:

$$\hat{\mu}_{RE} \pm m\sqrt{\hat{\tau}^2 + var(\hat{\mu}_{RE})}$$

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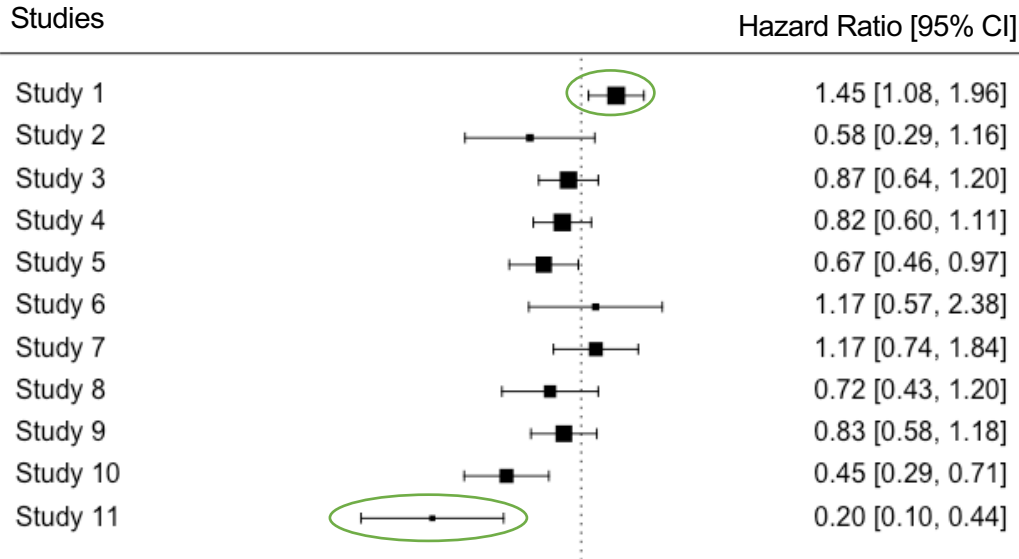
$$\hat{\mu}_{RE} \pm m\sqrt{\hat{\tau}^2 + \text{var}(\hat{\mu}_{RE})}$$

Choice of multiplier (m) is dependent on the confidence interval method used for the summary estimate

- Wald-type CI method → z quantile for PI
- HKSJ CI method → t-distribution with k-1 degrees of freedom

This choice of multiplier means that in the absence of observed heterogeneity, the CI and PI will be identical

Prediction Interval example



*Does the treatment reduce the risk of having an event?
Does the effect size vary across studies?*

Calculation of Prediction Interval:

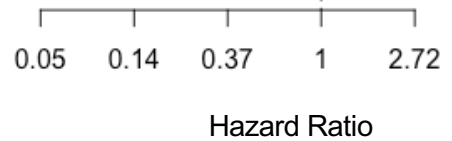
$$-0.27 \pm 1.96 \sqrt{0.40^2 + 0.14^2}$$

$$[-1.10, 0.56]$$

Back-transformed Prediction Interval:
[0.33, 1.75]



Q(10) = 39.63,
p<0.0001
 $\hat{\tau} = 0.40$
I² = 78%

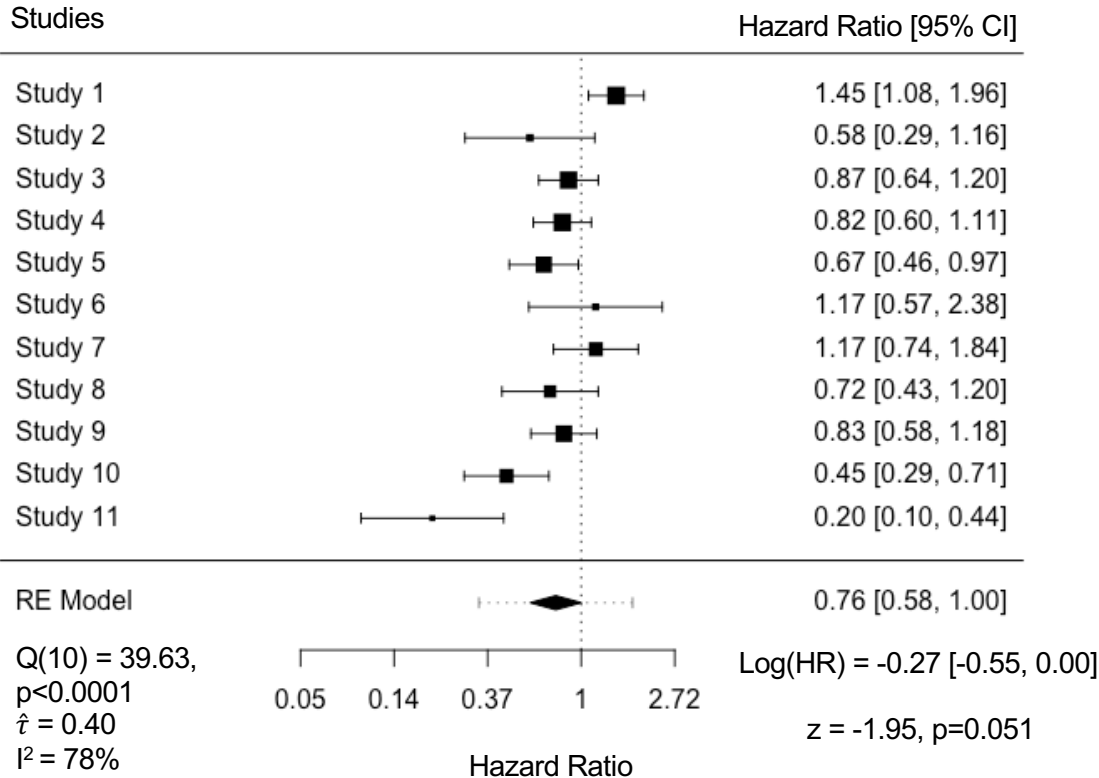


Log(HR) = -0.27 [-0.55, 0.00] →

z = -1.95, p=0.051

Log-transformed

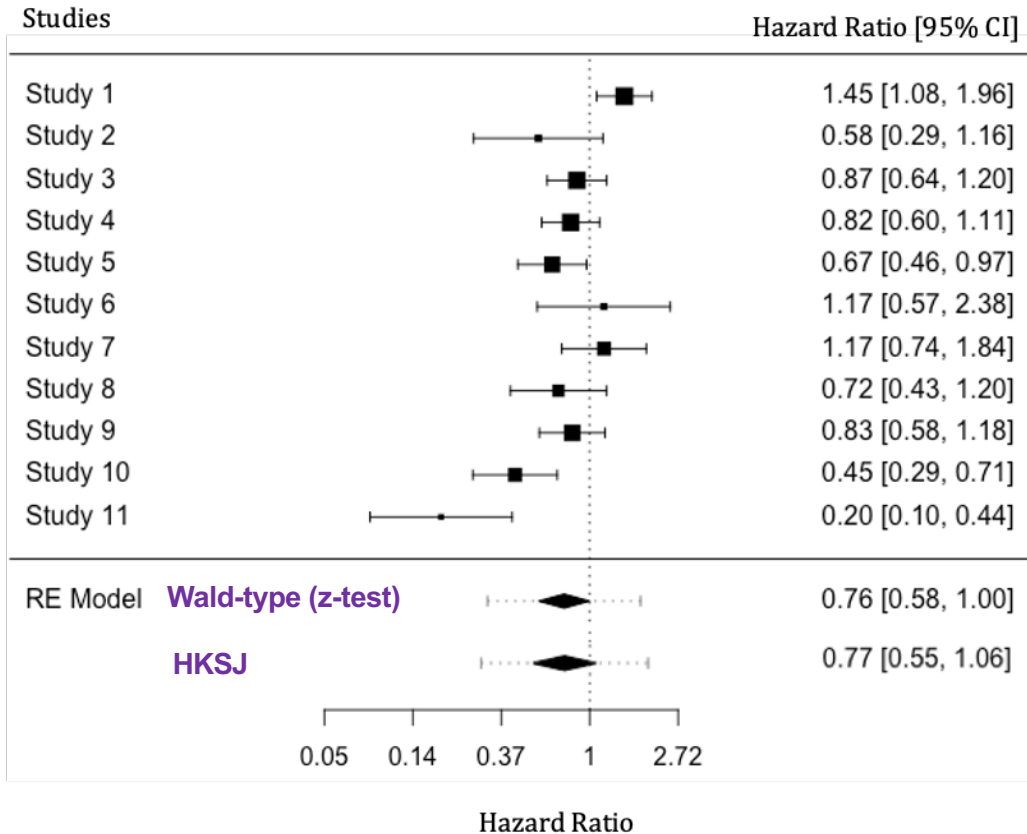
Prediction Interval example



Confidence Interval (precision):
 The true summary logHR probably falls in the interval -0.55 to 0.00 (back-transformed to HR scale: 0.58 to 1.00)

Prediction Interval (dispersion):
 The true logHR for any single study will probably fall in the range of -1.10 to 0.56 (back-transformed to HR scale: 0.33 to 1.75)

Prediction Interval example

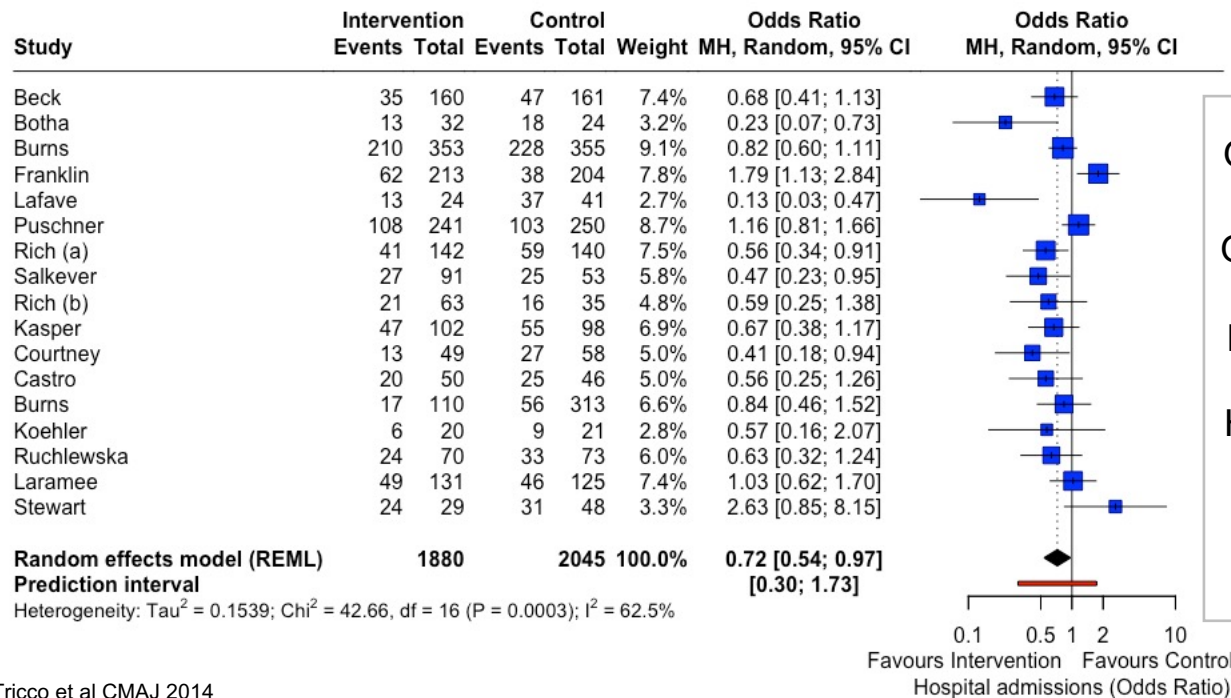


[0.33, 1.75] (normal distribution)

[0.32, 1.83] (t_{k-1} distribution)

Example using the recommended methods

Effect of quality improvement strategies for coordination of care on hospital admissions



OR: 0.72 with a 95% CI [0.54, 0.97]

Q-statistic: 42.66, df: 16, $P < 0.001$

I-squared: 62.5%

Heterogeneity variance: $\hat{\tau}^2 = 0.154$

95% CI for $\hat{\tau}^2$: [0.052, 0.838]

95% prediction Interval: [0.30, 1.73]

What to write in a protocol?

PRISMA 2020 – item 13d

Describe any methods used to synthesise results and provide a rationale for the choice(s). If meta-analysis was performed, **describe the model(s), method(s) to identify the presence and extent of statistical heterogeneity, and software package(s) used**

Essential elements (some):

If meta-analysis was done, specify:

- the meta-analysis model (fixed-effect, fixed effects, or random-effects) and provide rationale for the selected model
- the method used (such as Mantel-Haenszel, inverse-variance)
- any methods used to identify or quantify statistical heterogeneity (such as visual inspection of results, a formal statistical test for heterogeneity, heterogeneity variance (τ^2), inconsistency (such as I^2), and prediction intervals

What to write in a protocol?

PRISMA 2020 – item 13d (continued)

Describe any methods used to synthesise results and provide a rationale for the choice(s). If meta-analysis was performed, **describe the model(s), method(s) to identify the presence and extent of statistical heterogeneity, and software package(s) used**

Essential elements (some):

If a random-effects meta-analysis model was used, specify:

- the between-study (heterogeneity) variance estimator used (such as DerSimonian and Laird, restricted maximum likelihood (REML))
- the method used to calculate the confidence interval for the summary effect (such as Wald-type confidence interval, Hartung-Knapp-Sidik-Jonkman)

What's next?

Demonstration of new random-effects methods in RevMan

There are many methods available to fit random-effects meta-analysis. However, until 2024, the only option available in RevMan has been the DerSimonian and Laird random-effects method. This method is known to have poor statistical performance in meta-analyses with characteristics commonly found in Cochrane reviews (e.g., meta-analyses with few studies). To address this issue, Cochrane is implementing new random-effects methods in RevMan. These include a new method for estimating the between-study (heterogeneity) variance, calculating the confidence interval for the summary effect, and adding prediction intervals to aid in interpreting random-effects meta-analysis findings.



In two web clinics, the presenters will provide participants with knowledge about these new methods and their implementation in RevMan. Specifically, in the first web clinic, the presenters will outline the new methods, while in this second clinic, they will demonstrate applying the new random-effects methods using RevMan.

Presenter Bios

Professor Jo McKenzie is head of the Methods in Evidence Synthesis Unit within the School of Public Health and Preventive Medicine at Monash University, Melbourne, Australia. She is Co-Convenor of the Cochrane Statistical Methods Group and an author of several chapters of the Cochrane Handbook for Systematic Reviews of Interventions.

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Sign up

Thursday, 12 December 2024, 20:00 UTC [check the time in your timezone] [SIGN UP HERE](#)

WHAT'S
NEXT?



THANK YOU



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