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Identifying who benefits most from treatments: estimating interactions and subgroup effects in aggregate data meta-analysis

Peter Godolphin

Meta-analysis programme, MRC Clinical Trials Unit at UCL

Cochrane Learning Live webinar

29 January 2024

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Outline

- Subgroups and interactions in a single trial
- Subgroups and interactions in meta-analysis: Aggregation bias
- Our new approach: A within-trial framework
- Example: STOPCAP Docetaxel meta-analysis
- Example: PORT meta-analysis
- What's next?



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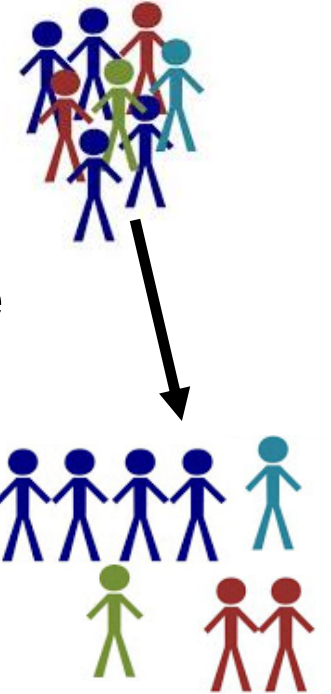


Subgroups and interactions in a single trial

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Interactions and subgroup effects

- The aim of a clinical trial is to estimate an *overall* treatment effect comparing intervention to control
- Trials recruit a diverse population → we also want to know whether the overall effect varies due to patient covariates (**interaction**)
- Often it is important to know the *subgroup effects* as well as the interactions
- Focus today is on **participant-level** factors:
 - **Participant characteristics:** Age, Sex, BMI, Smoking status, Comorbidities etc.
 - **Disease characteristics:** Disease severity, tumour mutations etc.
 - **Treatment characteristics:** E.g., Some patients got additional treatments as part of Standard of Care (SoC)



Interpreting subgroups in the STAMPEDE trial

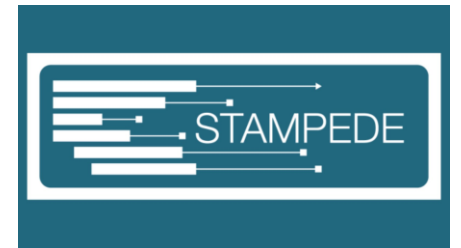
Population: People with locally advanced or metastatic prostate cancer

Intervention: Abiraterone + Standard of care (SoC)

Comparator: Standard of care

Outcome: Overall survival (HR)

Subgroup: Metastatic status at randomisation (M0, M1)



1917 patients randomised: 915 M0, 1002 M1

Overall survival (All patients): HR 0.63, CI:(0.52, 0.76)

THE NEW ENGLAND JOURNAL OF MEDICINE

ORIGINAL ARTICLE

Abiraterone for Prostate Cancer Not Previously Treated with Hormone Therapy

N.D. James, J.S. de Bono, M.R. Spears, N.W. Clarke, M.D. Mason, D.P. Dearnaley, A.W.S. Ritchie, C.L. Amos, C. Gilson, R.J. Jones, D. Matheson, R. Millman, G. Attard, S. Chowdhury, W.R. Cross, S. Gillessen, C.C. Parker, J.M. Russell, D.R. Berthold, C. Brawley, F. Adab, S. Aung, A.J. Birtle, J. Bowen, S. Brock, P. Chakraborti, C. Ferguson, J. Gale, E. Gray, M. Hingorani, P.J. Hoskin, J.F. Lester, Z.I. Malik, F. McKinna, N. McPhail, J. Money-Kyrle, J. O'Sullivan, O. Parikh, A. Protheroe, A. Robinson, N.N. Srihari, C. Thomas, J. Wagstaff, J. Wylie, A. Zarkar, M.K.B. Parmar, and M.R. Sydes, for the STAMPEDE Investigators*

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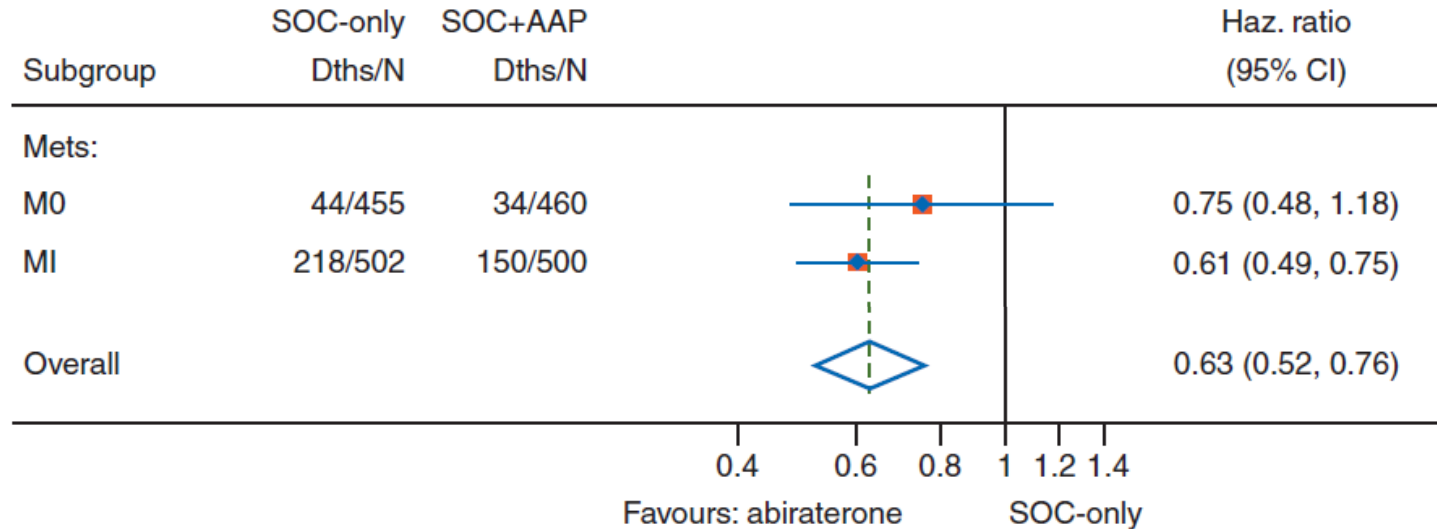


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Does effect of Abiraterone vary based on metastatic status?

SOC vs SOC+AAP



HR<1 favours abiraterone

Time for a poll...

Annals of Oncology

'Thursday's child has far to go' —
interpreting subgroups and the STAMPEDE
trial

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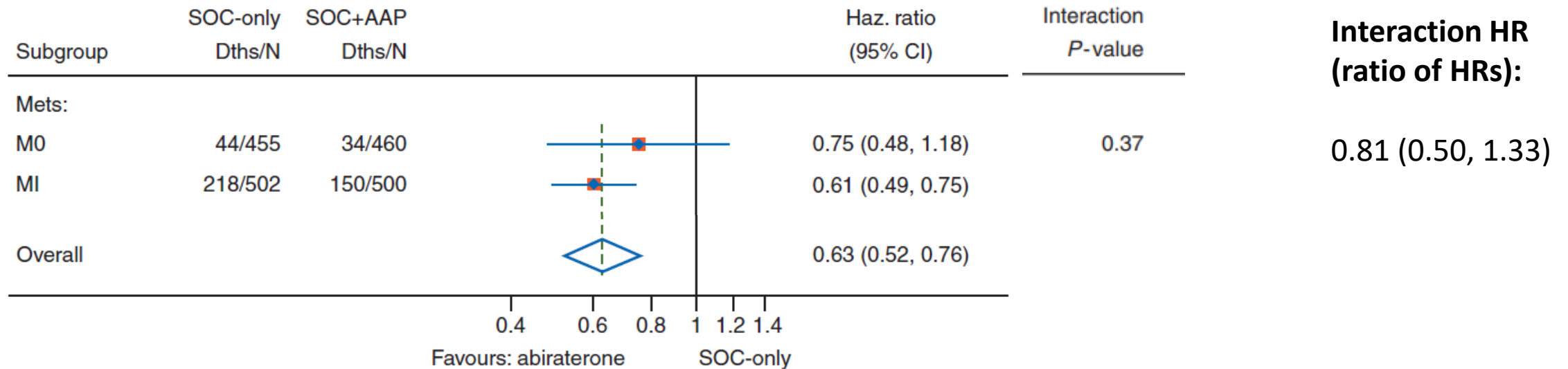


M. R. Spears¹, N. D. James² & M. R. Sydes^{1*}

¹MRC Clinical Trials Unit at UCL, Institute of Clinical Trials and Methodology, University College London, London; ²Institute of Cancer and Genomic Sciences, University of Birmingham, Birmingham, UK

Does effect of Abiraterone vary based on metastatic status?

SOC vs SOC+AAP



Interaction P-value=0.37

- Test for effect *between subgroups* “interaction p=0.37 shows *no good evidence of heterogeneity of treatment effect* across these subgroups”
- Can also calculate Interaction HR (or ratio of HRs)

Annals of Oncology

‘Thursday’s child has far to go’ —
interpreting subgroups and the STAMPEDE
trial



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Subgroups and interactions in meta-analysis: Aggregation bias



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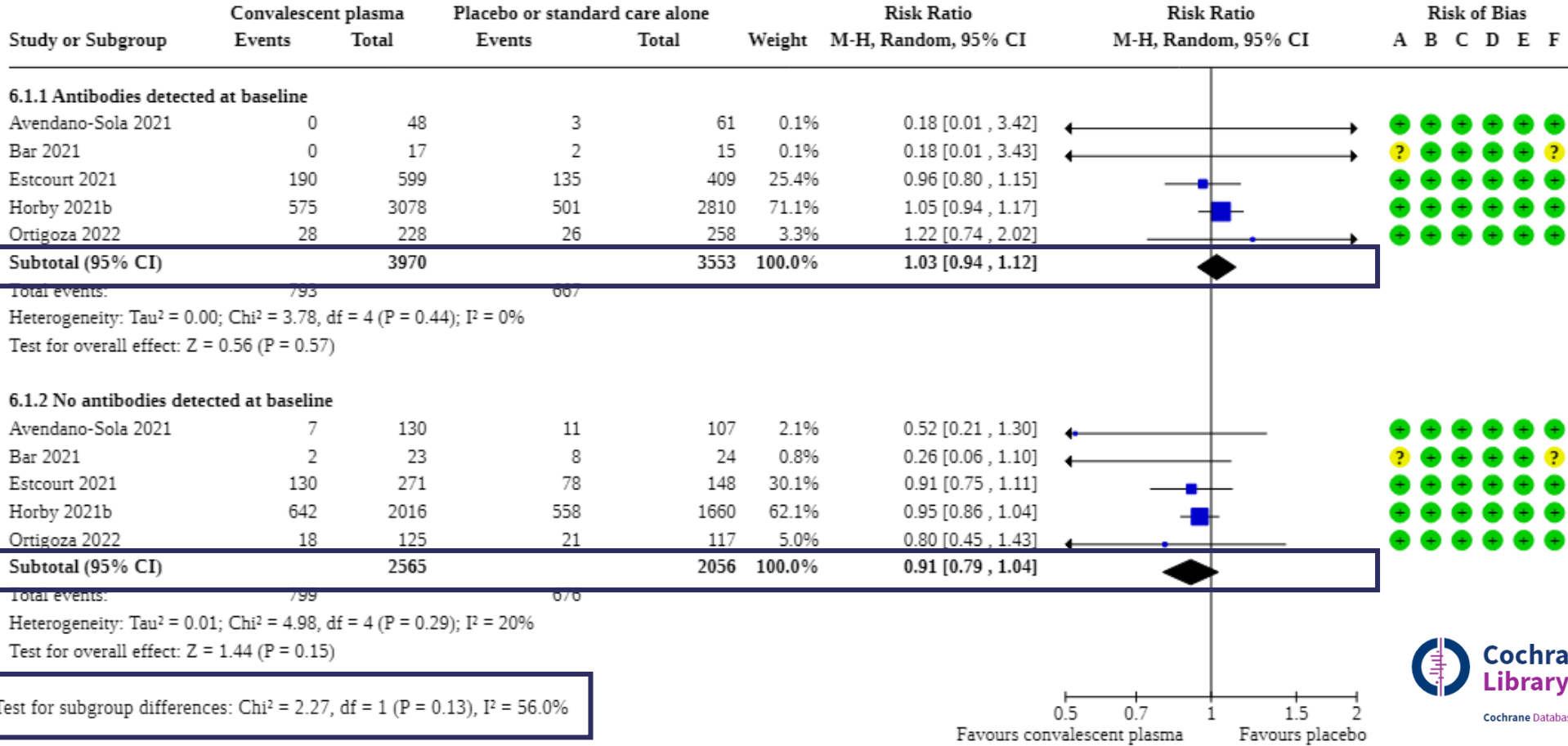
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Convalescent plasma for people with COVID-19

28-day mortality: Antibodies detected at baseline subgroup analysis

5 trials

5 trials



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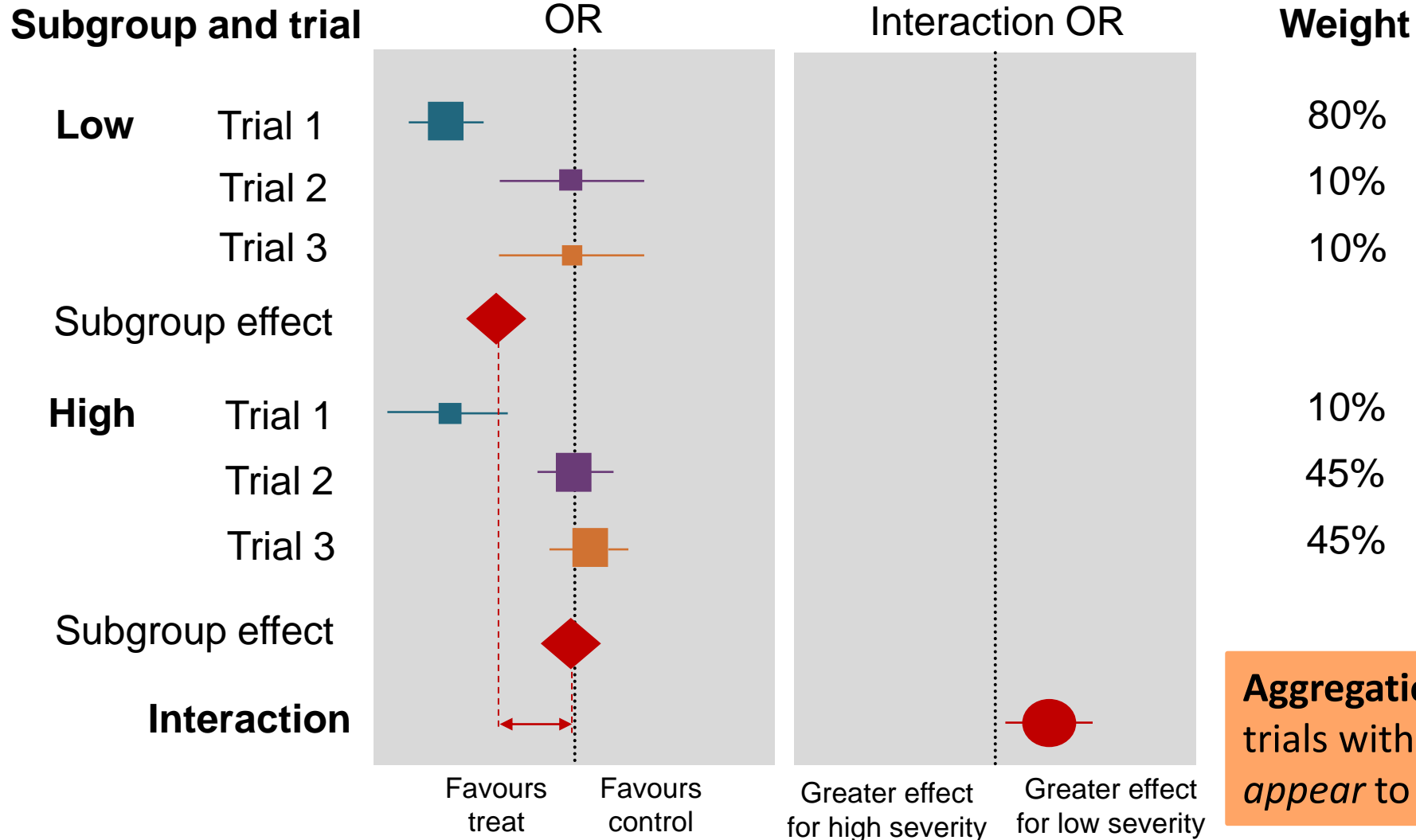


Convalescent plasma for people with COVID-19: a living systematic review (Review)

Iannizzi C, Chai KL, Piechotta V, Valk SJ, Kimber C, Monsef I, Wood EM, Lamikanra AA, Roberts DJ, McQuilten Z, So-Osman C, Jindal A, Cryns N, Estcourt LJ, Kreuzberger N, Skoetz N

What could go wrong with this approach?

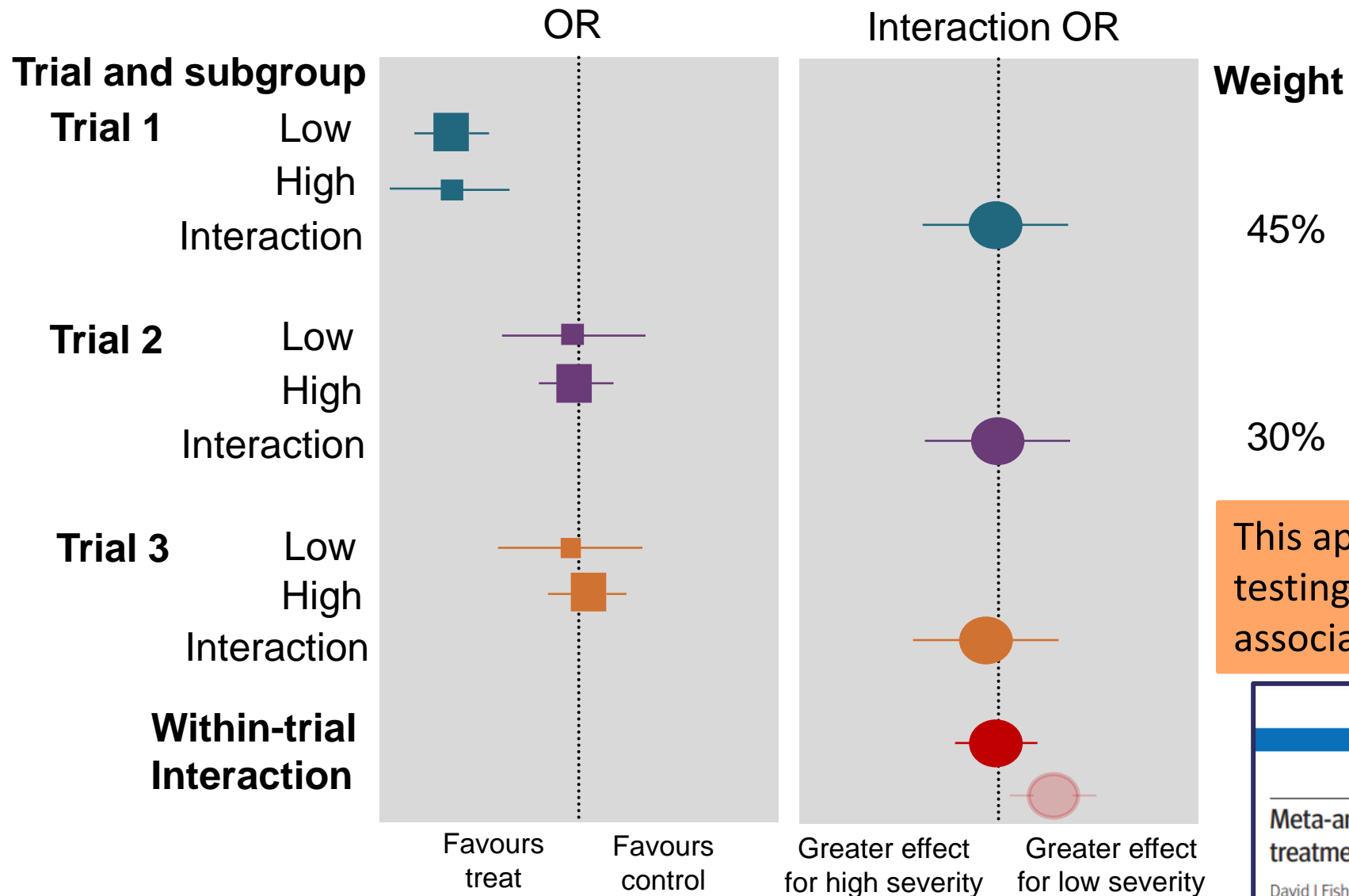
Example: Disease severity; "Subgroup-first" approach



Aggregation bias: Treatment effects for trials with covariate ratio imbalances may *appear* to be different from each other

Alternative approach to estimate interactions

Example: Disease severity; “Trial-first” approach



This approach gives *bias-free* interaction testing, but doesn't naturally produce associated **subgroup effects**

What subgroup effects to use?

- The “**subgroup-first**” approach uses both ***across- and within-trial information*** so is at risk of aggregation bias
- The “**trial-first**” approach gives bias-free interaction testing: ***only uses within-trial information***
- BUT... “trial-first” approach doesn’t produce associate subgroup effects. The “subgroup-first” approach does. Should we use these subgroup effects?
 - These are valid estimates of effect for patients in specific subgroups, but if we compare subgroup effects *then* the issue of aggregation bias comes in
 - Also, these “naïve” subgroup effects are not necessarily compatible with the within-trial interaction free of aggregation bias

So we needed a new approach!



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Our new approach: A within trial framework

Within-trial framework: Aims



We developed a new framework to:

1. Estimate **within-trial interactions** across two or more subgroups, ordered or unordered, for categorical covariates
2. Estimate **subgroup effects** that make maximum use of available data and are compatible with the within-trial interactions
3. Clearly **present** this data using novel implementations of forest plots

Within-trial framework: Subgroup effects

Meta-analysis with n trials ($i = 1, \dots, n$)

Covariate with k subgroups ($j = 1, \dots, k$)

Disease severity, $k=2$

$\hat{\beta}_{ji}$ = observed trt. effect in subgroup j of trial i

$\hat{\beta}_{11}$ is effect for low severity in trial 1

$\hat{\beta}_i$ = vector of effects $\hat{\beta}_{ji}$ for trial i

$\hat{\beta}_{21}$ is effect for high severity in trial 1

Standard MV-MA model:

$$\hat{\beta}_1 = \begin{bmatrix} \hat{\beta}_{11} \\ \hat{\beta}_{21} \end{bmatrix} \quad \hat{\beta}_2 = \begin{bmatrix} \hat{\beta}_{12} \\ \hat{\beta}_{22} \end{bmatrix} \quad \hat{\beta}_n = \begin{bmatrix} \hat{\beta}_{1n} \\ \hat{\beta}_{2n} \end{bmatrix}$$

$$\hat{\beta}_i \sim MVN(\beta, S_i + \Sigma_\beta)$$

Subgroup effects in each trial

Pooled subgroup effects

Covariance matrix

Between-trial heterogeneity matrix

Within-trial framework: Interactions

$$\hat{\boldsymbol{\gamma}}_i = \begin{bmatrix} \hat{\gamma}_{2i} \\ \vdots \\ \hat{\gamma}_{ki} \end{bmatrix} = \begin{bmatrix} \hat{\beta}_{2i} - \hat{\beta}_{1i} \\ \vdots \\ \hat{\beta}_{ki} - \hat{\beta}_{1i} \end{bmatrix}$$

$k=2$, so: $\hat{\boldsymbol{\gamma}}_i = \hat{\gamma}_{2i} = \hat{\beta}_{2i} - \hat{\beta}_{1i}$

In each trial i , the within-trial interaction is:

[effect for high severity] – [effect for low severity]

Standard MV-MA model:

$$\hat{\boldsymbol{\gamma}}_i \sim MVN(\boldsymbol{\gamma}, \mathbf{V}_i + \boldsymbol{\Sigma}_\gamma)$$

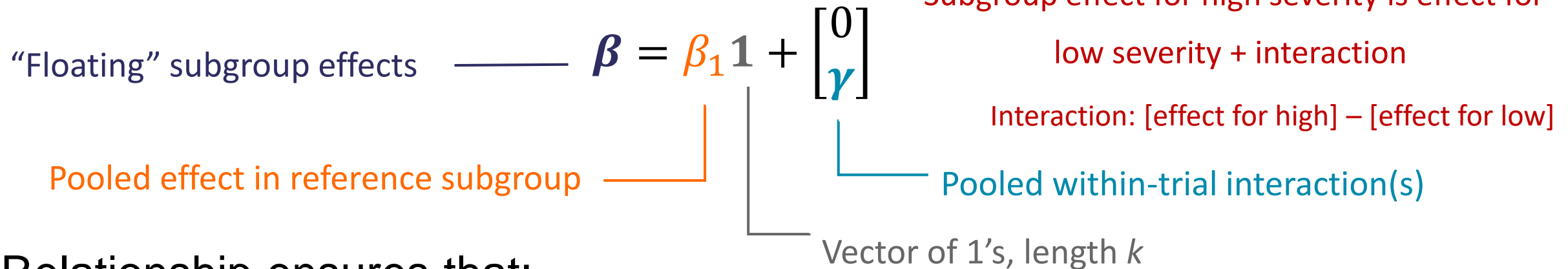


Within-trial framework: Compatibility

We wish to link the model for the subgroup effects (β) with the model for the interactions (γ)

Define a **compatibility** relationship:

$$\beta = \begin{bmatrix} \beta_1 \\ \beta_2 \end{bmatrix} = \begin{bmatrix} \beta_1 \\ \beta_1 + \gamma_2 \end{bmatrix}$$



Relationship ensures that:

$$[\text{difference between subgroup effects}] = [\text{within-trial interaction(s)}]$$

Random-effects considerations

Three basic forms for heterogeneity covariance matrices Σ_γ and Σ_β :

Common-effect: No heterogeneity variance for interactions and no heterogeneity variance for subgroups-specific treatment effects

Exchangeable random-effects: Single heterogeneity parameter for subgroup effects (τ_β^2) and single heterogeneity parameter for interactions (τ_γ^2), which may be set to 0.

Unstructured random-effects: This allows a different heterogeneity variance to be estimated within each subgroup

Within-trial framework: Implementation

Step 1: Estimate the within-trial interaction (γ) and its variance

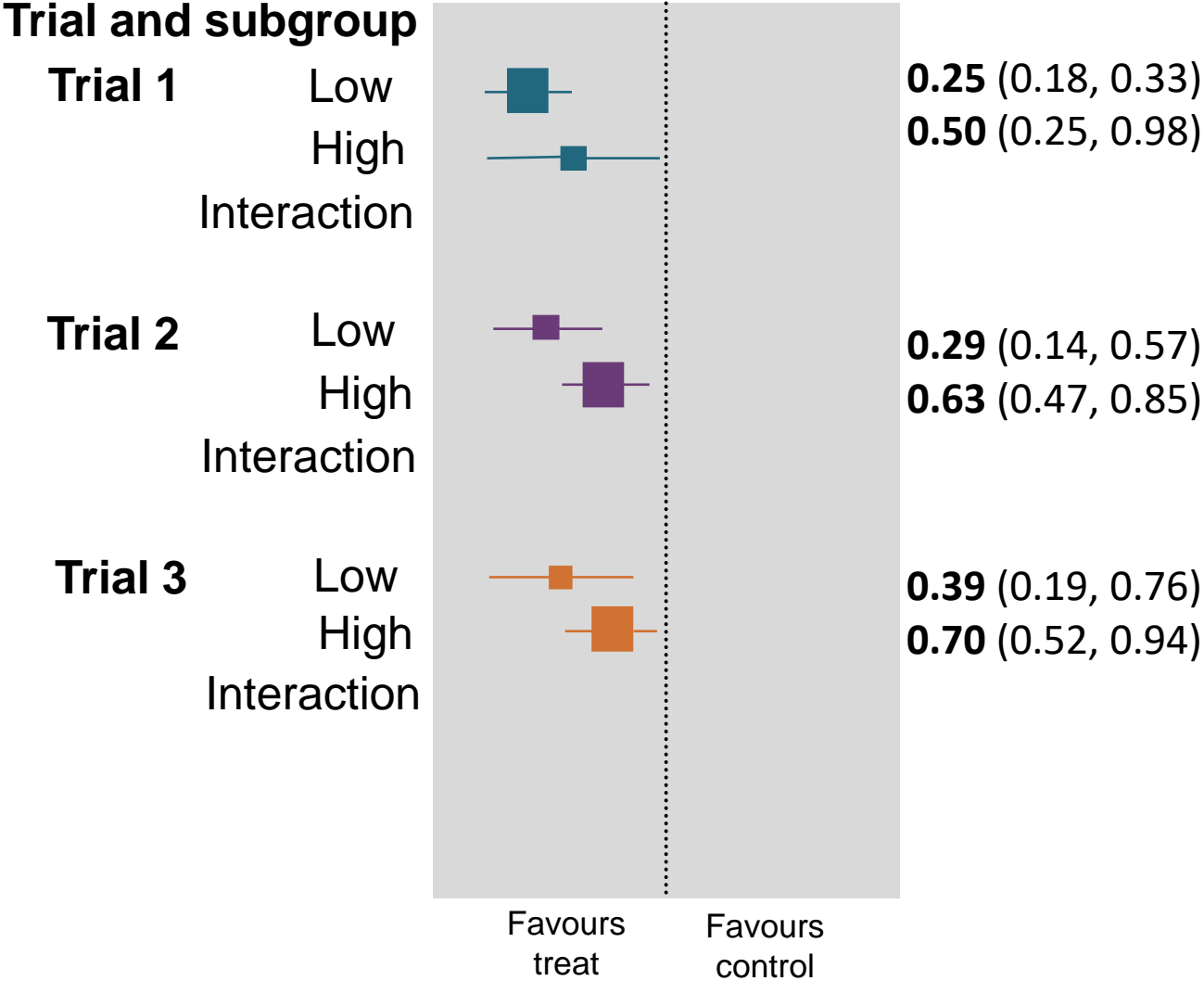
Step 2: Estimate “floating” subgroup-specific treatment effects (β), constrained by γ ; and their “apparent” variances

Step 3: Correct the variance of the floating subgroup-specific treatment effects to incorporate error in γ

New example: Interaction by disease severity

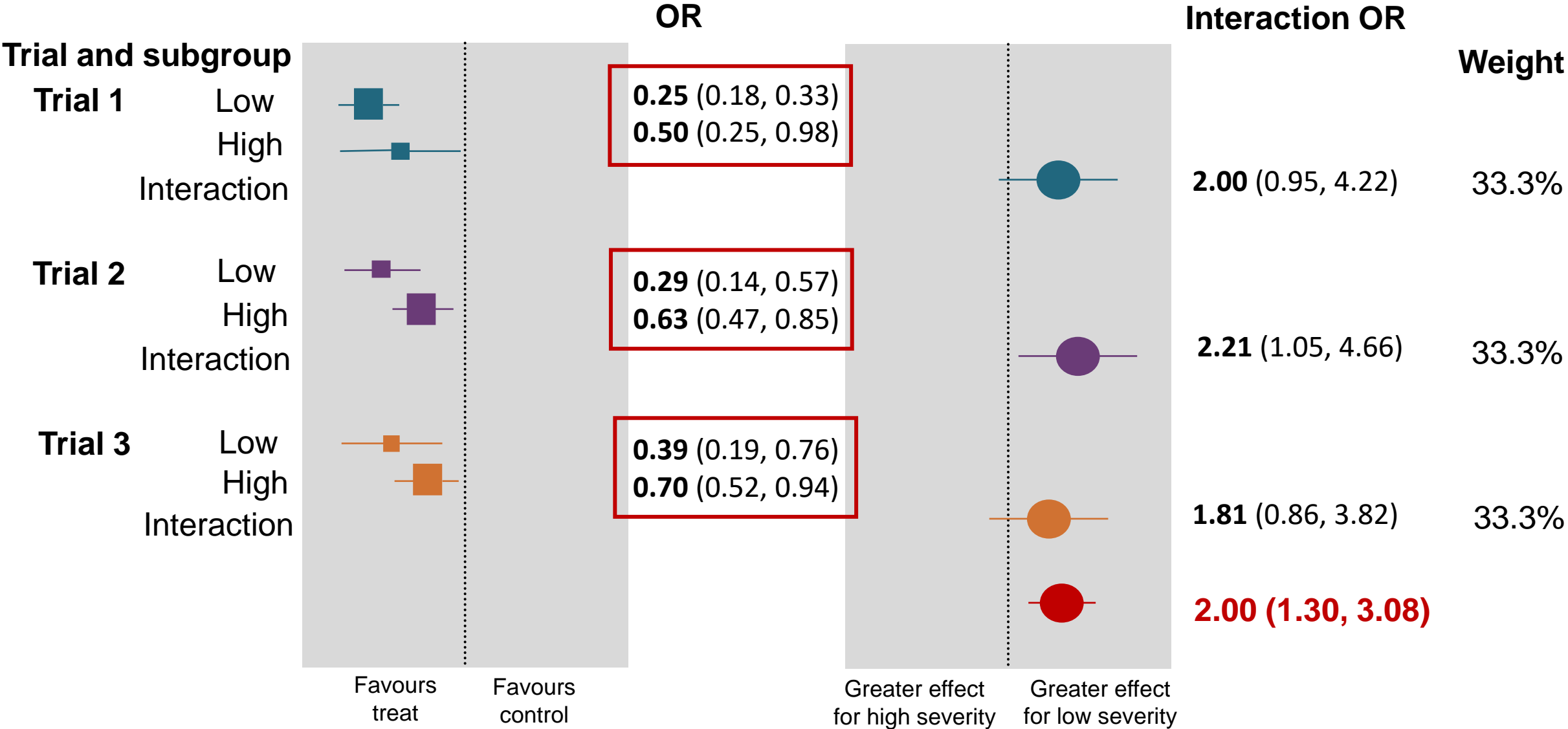
Setup, 3 different trials in meta-analysis

OR



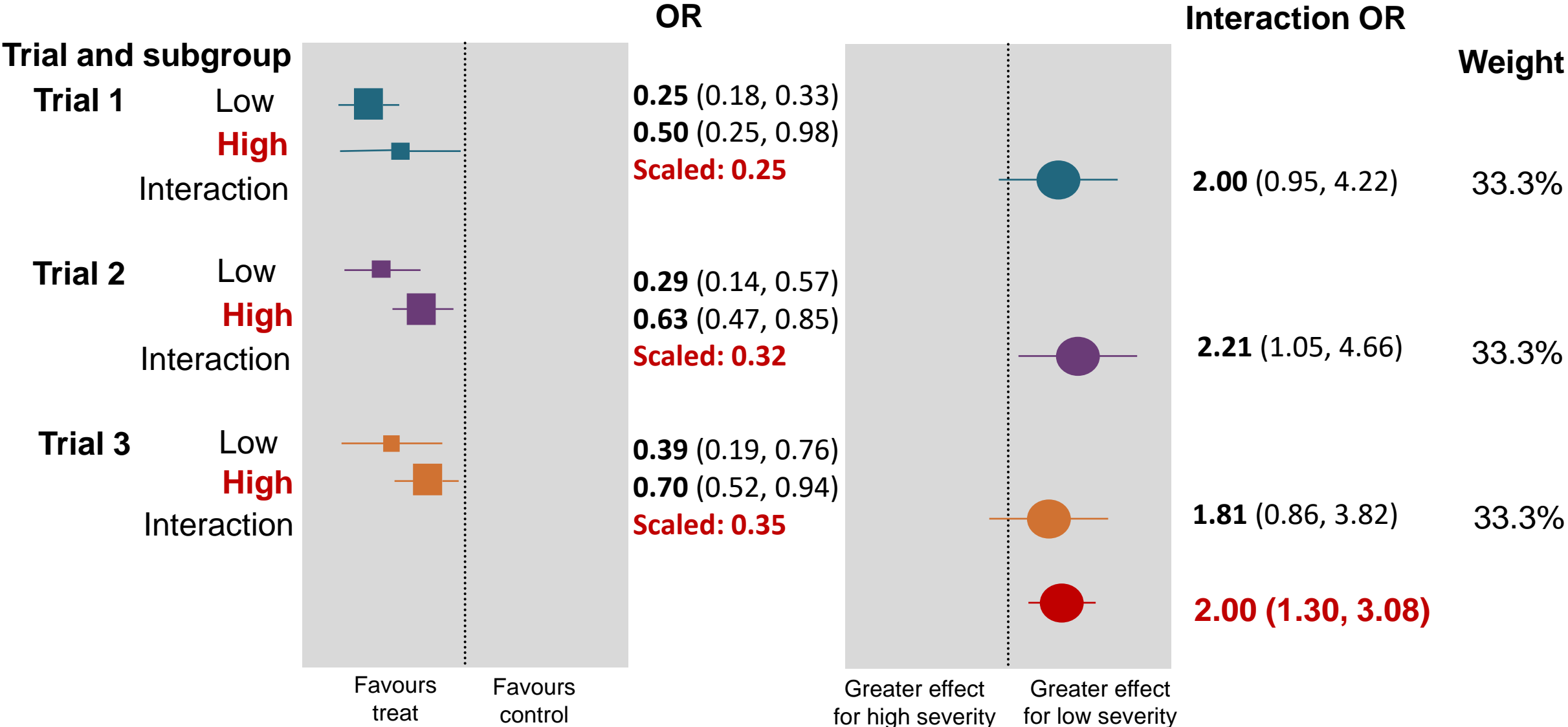
New example: Interaction by disease severity

Step 1: Estimate within-trial interaction



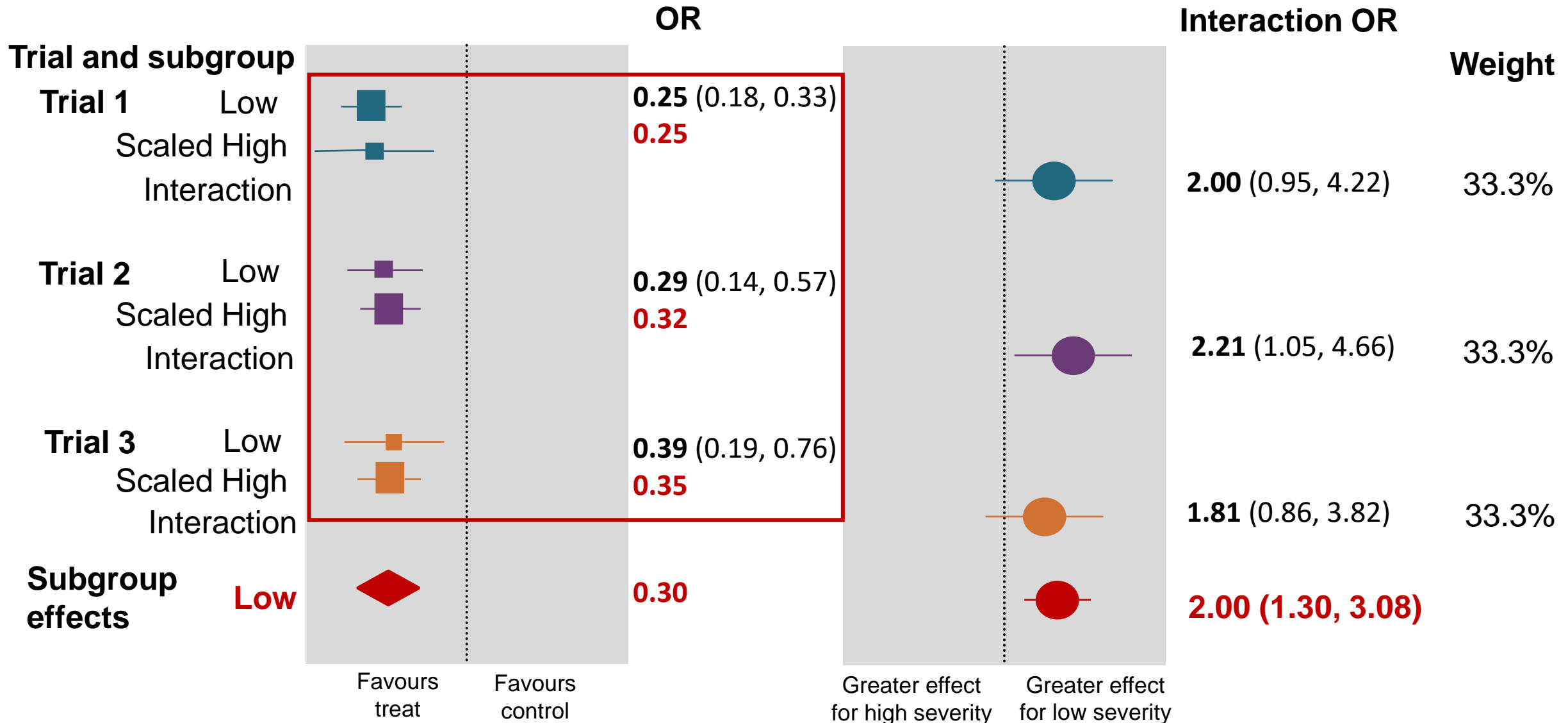
New example: Interaction by disease severity

Step 2a: Scale the non-reference data by the pooled interaction



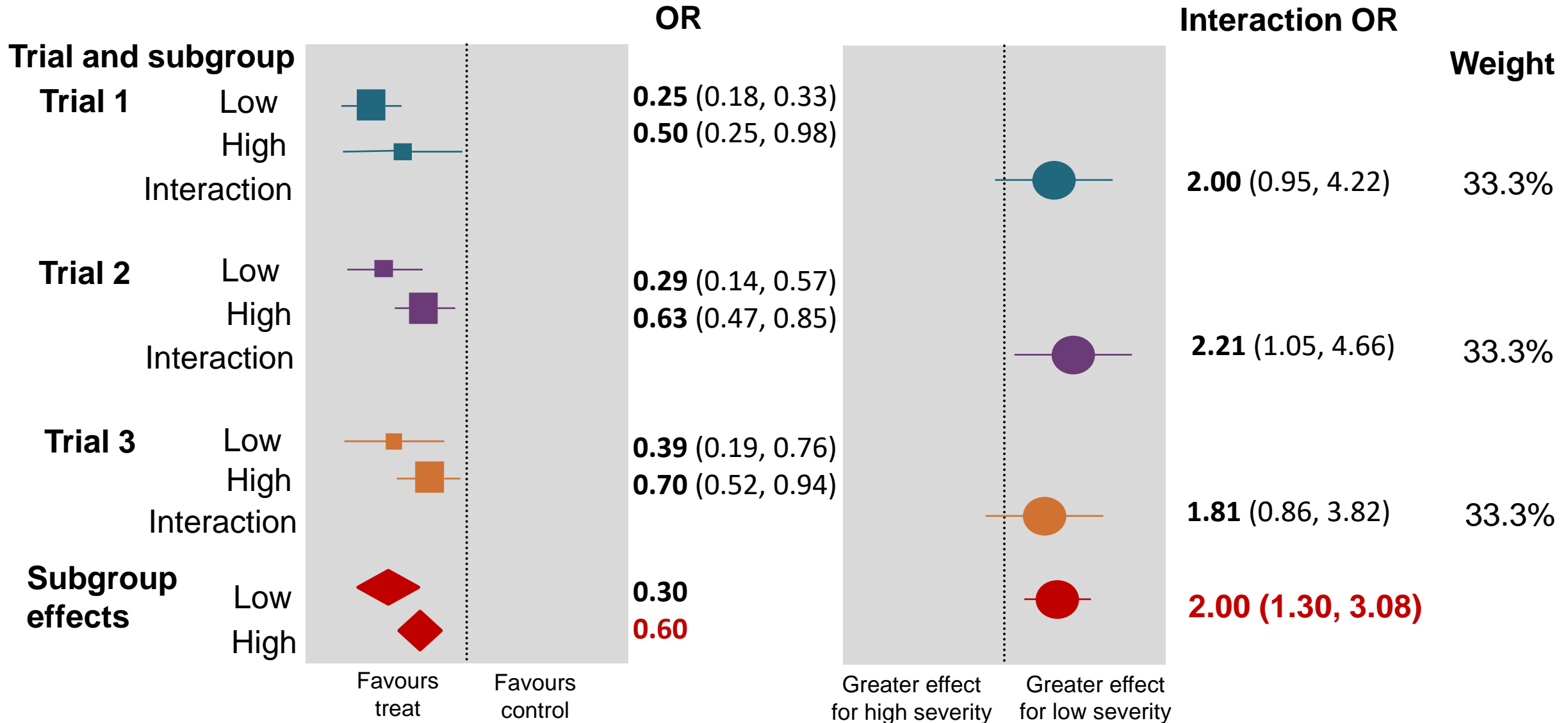
New example: Interaction by disease severity

Step 2b: Pool the reference subgroup and scaled non-reference to estimate reference



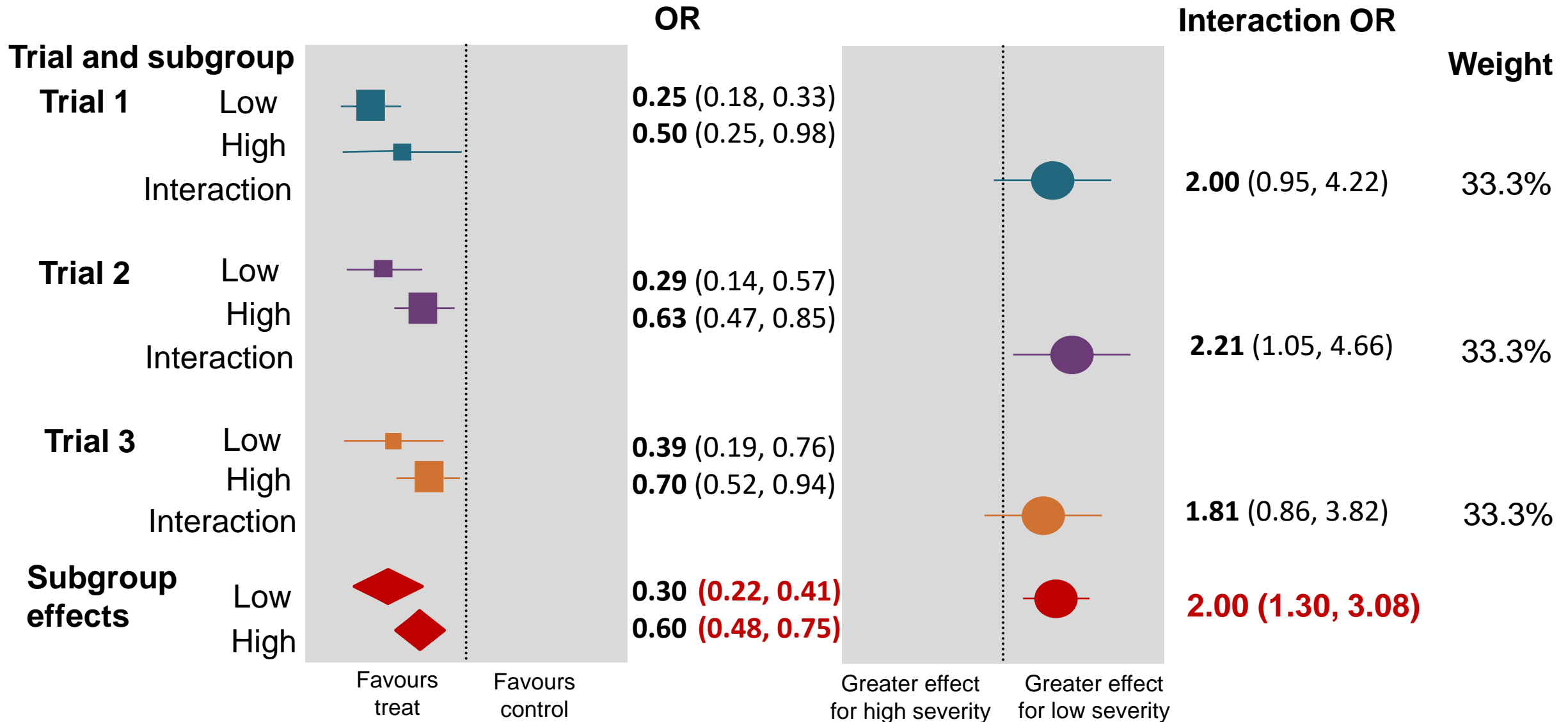
New example: Interaction by disease severity

Step 2c: Estimate non-reference subgroup using compatibility relationship



New example: Interaction by disease severity

Step 3: Correct the variance of the floating subgroup effects



Key features

- Within-trial framework gives bias-free interaction(s) and compatible subgroup effects for any categorical covariate
- Importantly, designed to be used with **aggregate data** as well as with IPD
- Uses **all the available data** when estimating subgroup effects
 - “Single-subgroup” trials can be incorporated
 - Requires an assumption about that the pooled interaction would still apply to this trial
- Heterogeneity can be incorporated in estimation of interaction(s) and subgroup effects
- Software available in Stata



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Example: STOPCAP Docetaxel meta-analysis

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Example 1: STOPCAP Docetaxel MA

Population: People with metastatic hormone sensitive prostate cancer

Intervention: Docetaxel chemotherapy

Comparator: SoC (Androgen deprivation therapy, ADT)

Outcome: Progression free survival (HR)

Subgroup 1: Volume of disease (Low, High)

Subgroup 2: Clinical tumour stage (T1-2, T3, T4)

3 trials included, 2261 participants

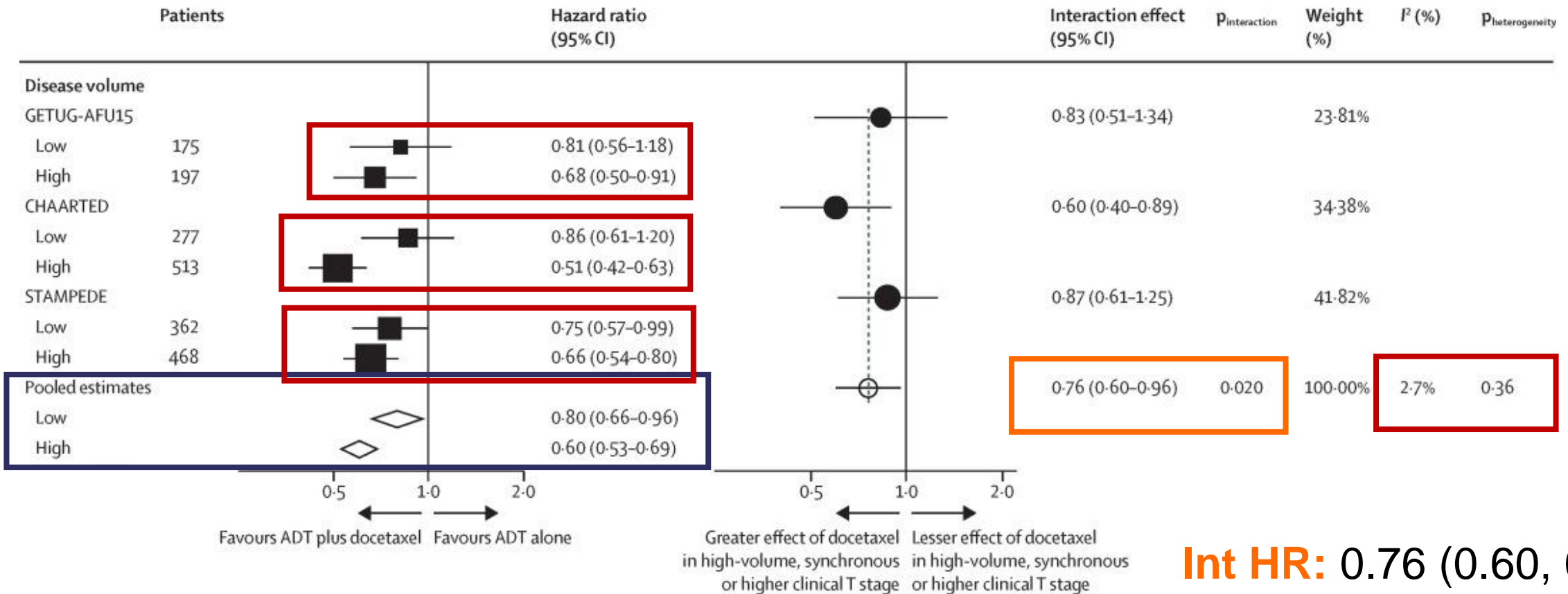
Which patients with metastatic hormone-sensitive prostate cancer benefit from docetaxel: a systematic review and meta-analysis of individual participant data from randomised trials



Claire L Vale*, David J Fisher*, Peter J Godolphin, Larysa H Rydzewska, Jean-Marie Boher, Sarah Burdett, Yu-Hui Chen, Noel W Clarke, Karim Fizazi, Gwenaelle Gravis, Nicholas D James, Glenn Liu, David Matheson, Laura Murphy, Robert E Oldroyd, Mahesh K B Parmar, Ewelina Rogozinska, Patrick Sfumato, Christopher J Sweeney, Matthew R Sydes, Bertrand Tombal, Ian R White, Jayne F Tierney, on behalf of the STOPCAP Collaboration



Subgroup 1: Volume of disease



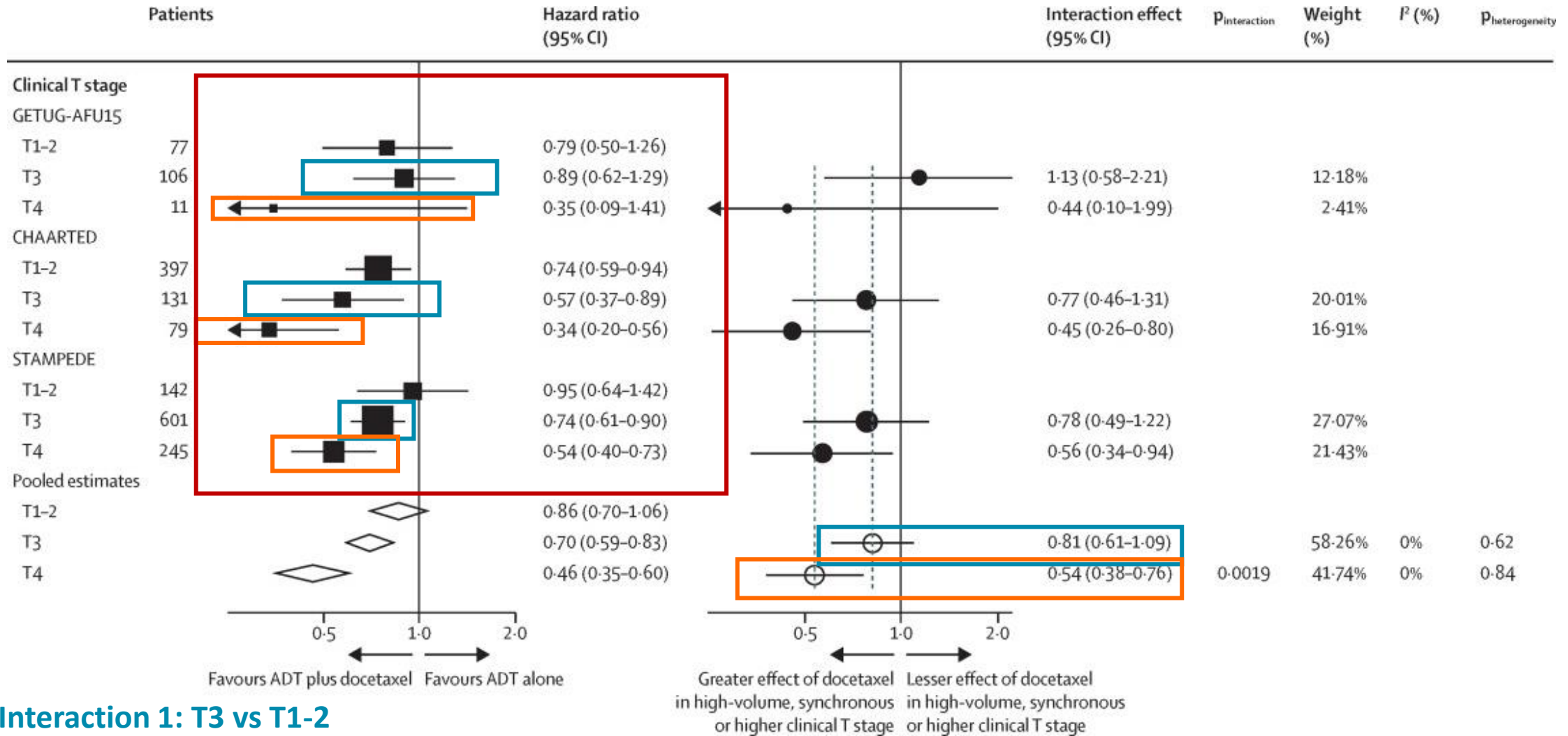
Low: 0.80 (0.66, 0.96)

High: 0.60 (0.53, 0.69)

Int HR: 0.76 (0.60, 0.96)

Int p-value: 0.020

Subgroup 2: Clinical tumour stage



Interaction 1: T3 vs T1-2

Interaction 2: T4 vs T1-2



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Example: PORT meta-analysis

Example 2: Nodal status in PORT MA

Population: Patients with non-small cell lung cancer

Intervention: Post operative radiotherapy (PORT)

Comparator: No PORT

Outcome: Overall survival (HR)

Subgroup: Nodal status (N0, N1, N2/3)

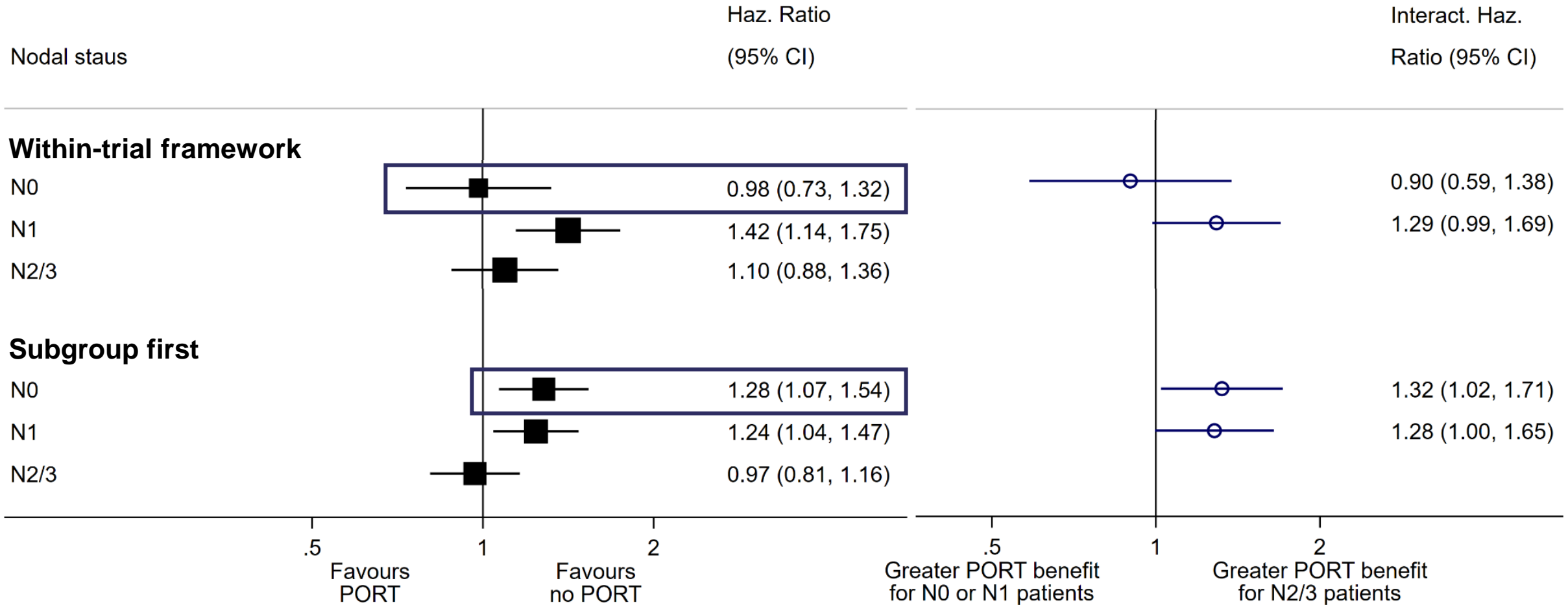
Reference group: N2/3



Postoperative radiotherapy for non-small cell lung cancer
(Review)

Burdett S, Rydzewska L, Tierney J, Fisher D, Parmar MKB, Arriagada R, Pignon JP, Le Pechoux C,
on behalf of the PORT Meta-analysis Trialists Group

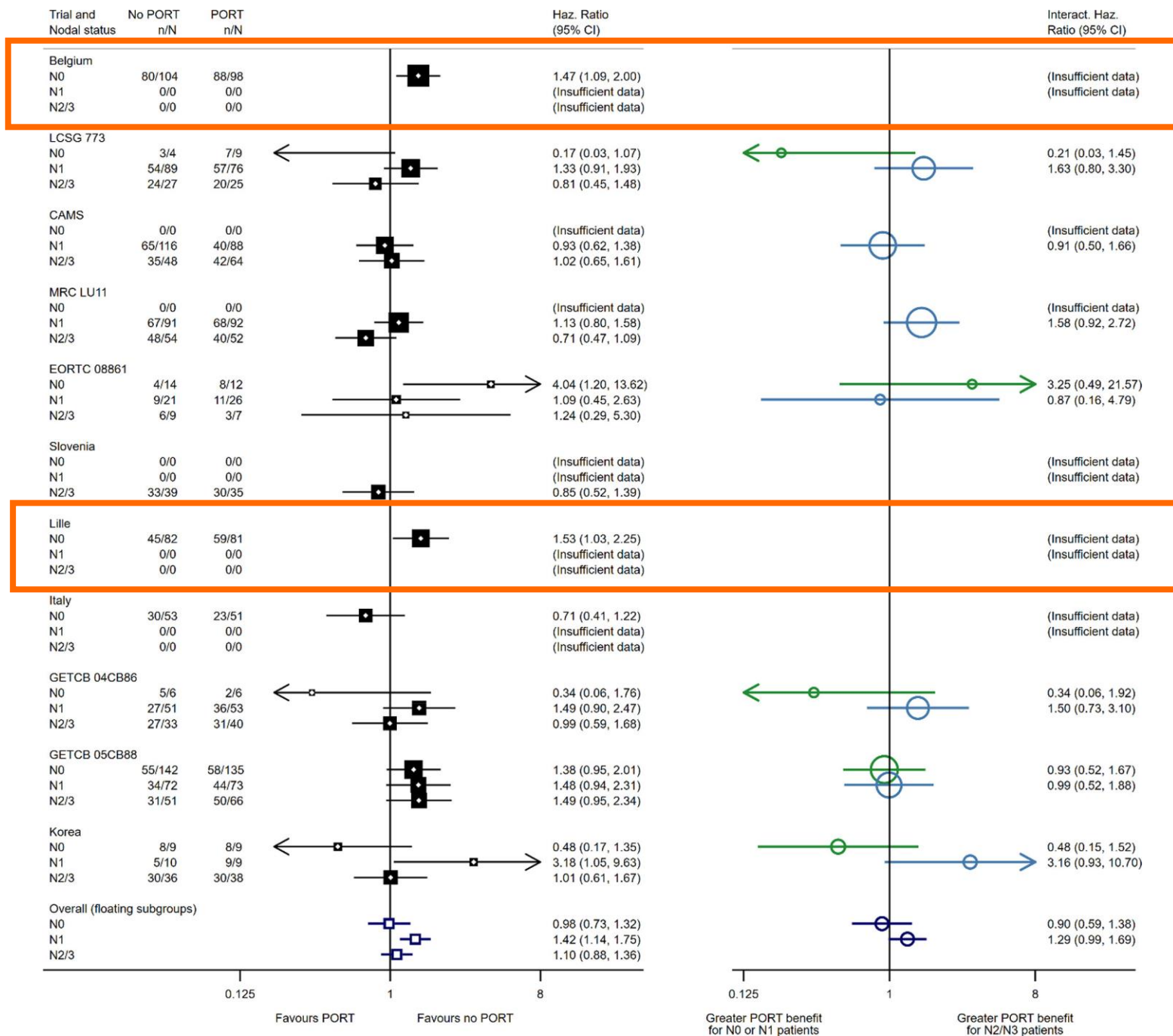
Example 2: Nodal status in PORT MA



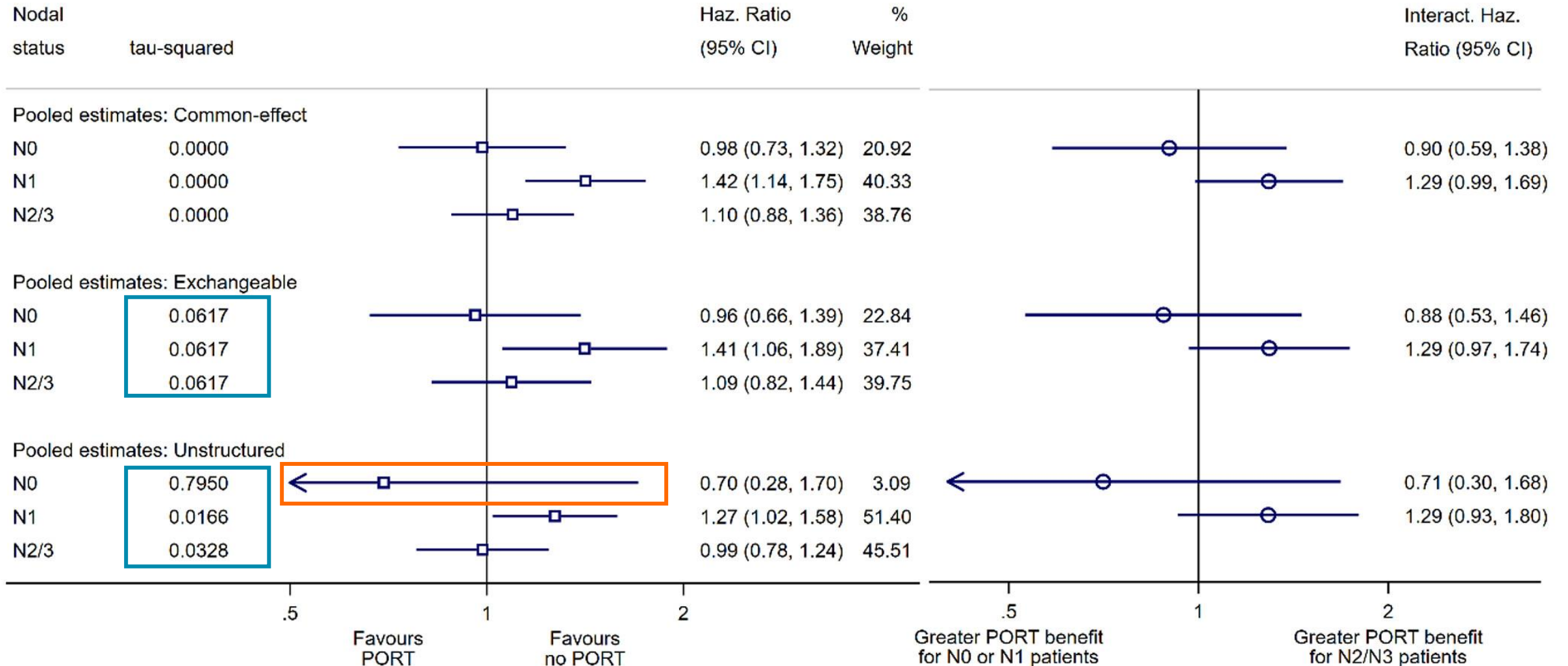
Nodal status in PORT MA

Green interaction: N2/3 vs N0

Blue interaction: N2/3 vs N1



Random-effects in PORT MA





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What's next?

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What's next?

What is the best way to present interactions and subgroup effects together?

Trial-level two-panel plots struggle with many trials and covariates with >2 subgroups

Can we incorporate continuous covariates without dichotomising?

Method can be generalised to continuous covariates, but would require IPD

How can we make the method more accessible?

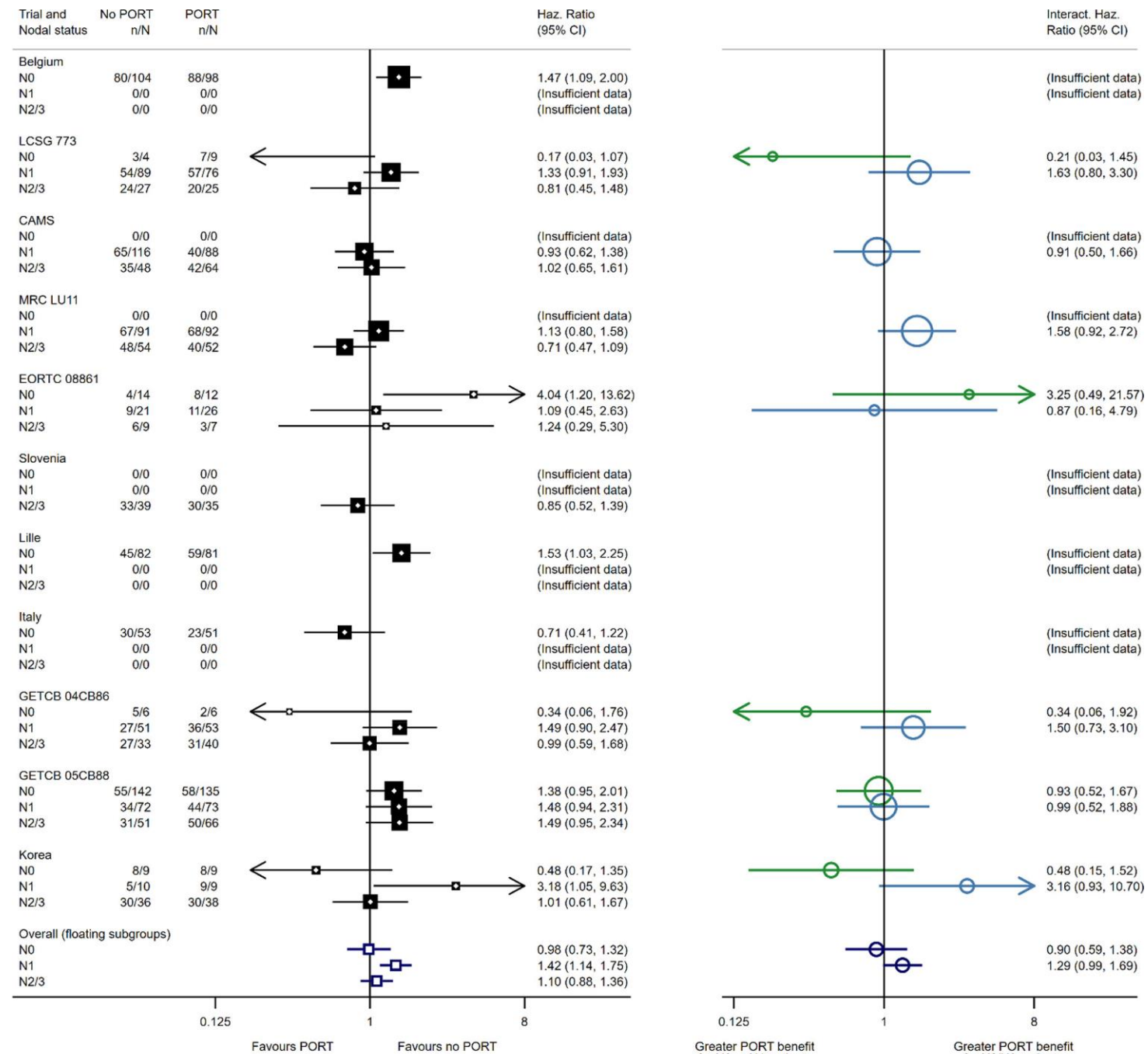
Software available in Stata, but ideally want to get this programmed in R

Subgroups with *three* categories

Choice of reference group

Colours for different interactions

11 trials and 3 categories, already this plot is quite complicated...

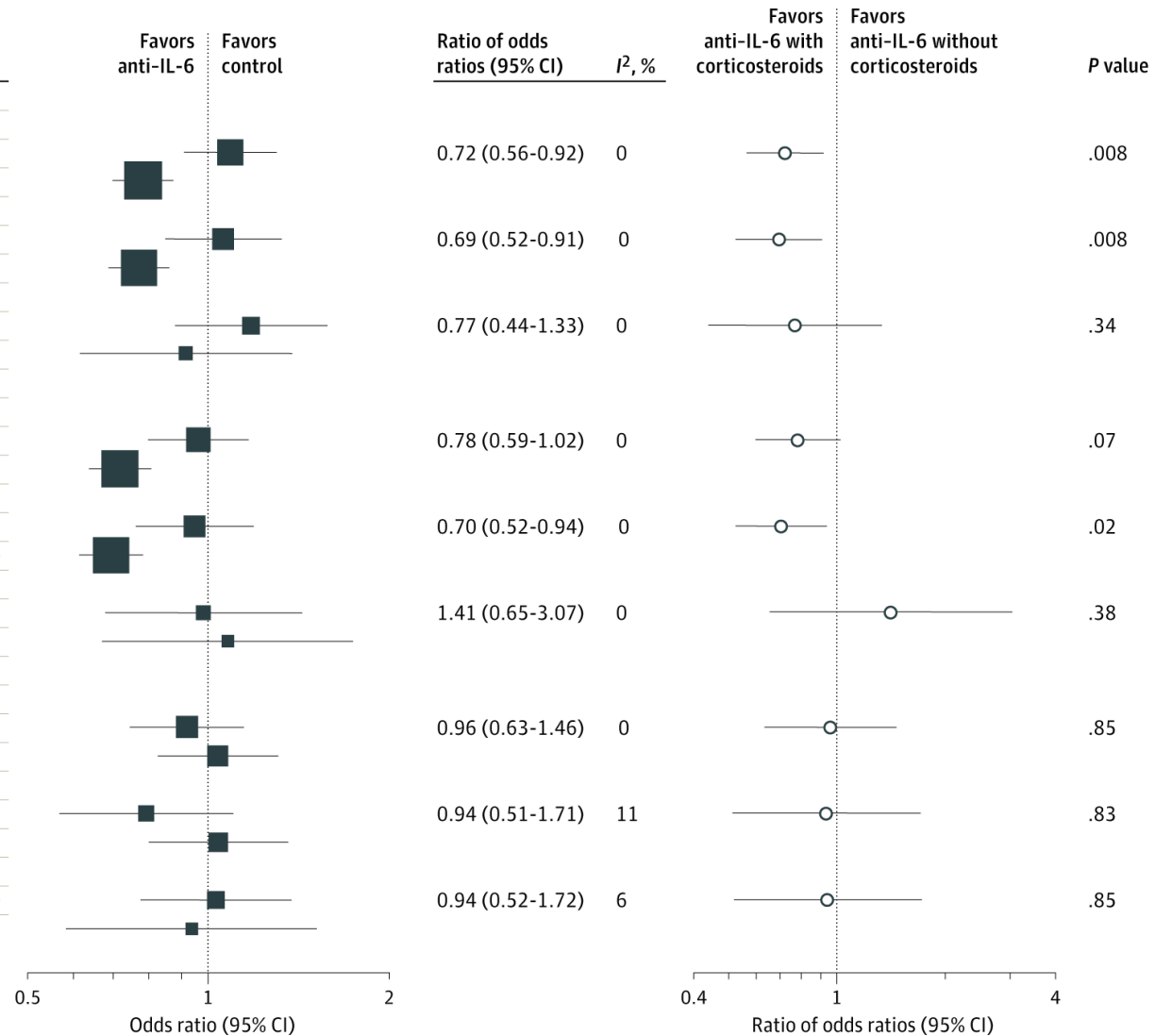


Greater PORT benefit for N0 or N1 patients Greater PORT benefit for N2/N3 patients

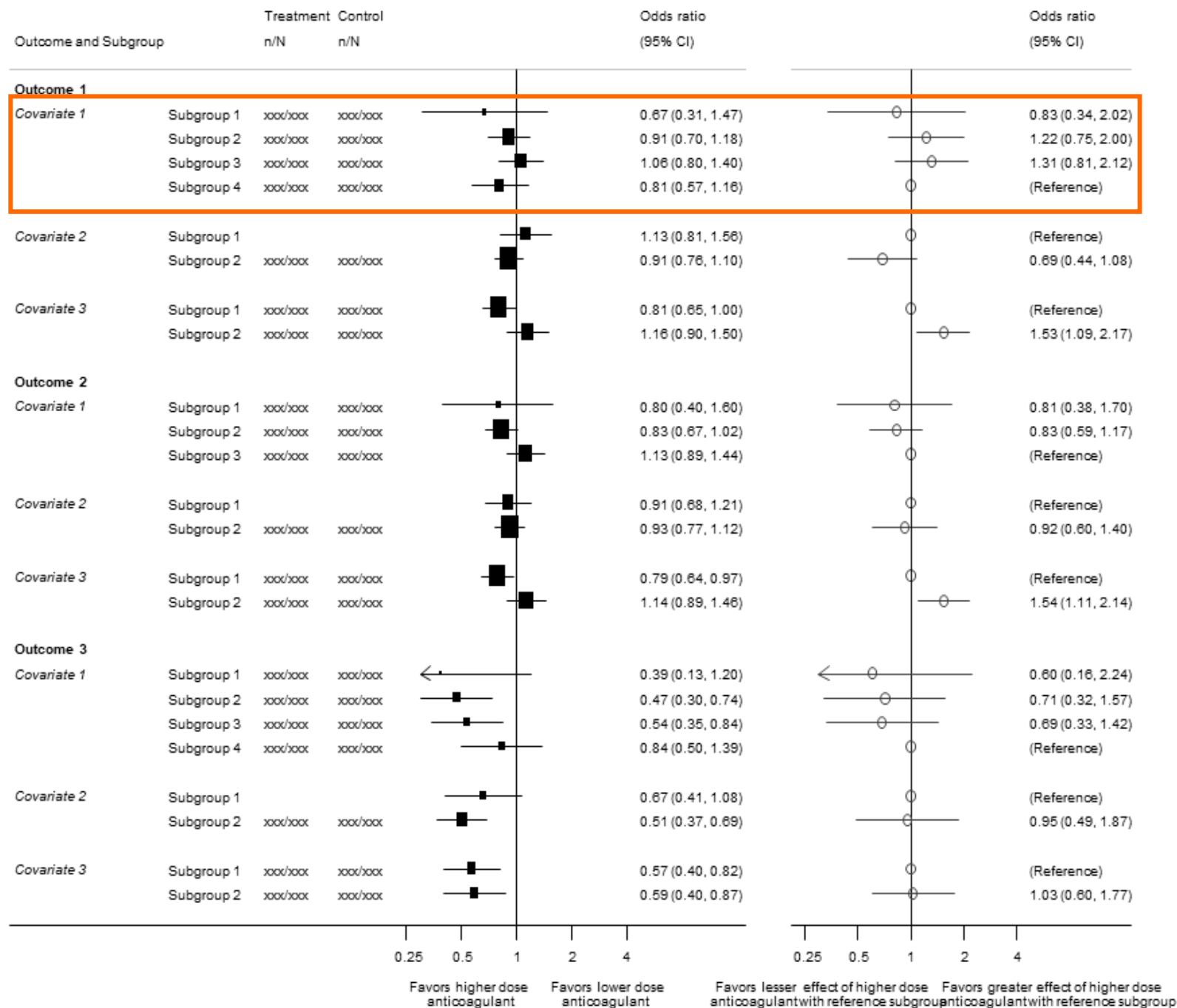
(Multiple) *summary* effects only

1
2
3
4
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9

Outcome and treatment	I ² , %	No. of events/total patients		Odds ratio (95% CI)
		Control	Anti-IL-6	
28-d mortality				
All anti-IL-6				
No corticosteroid use	0	293/1280	537/2357	1.09 (0.91-1.30)
Corticosteroid use	0	838/2848	827/3468	0.78 (0.69-0.88)
Tocilizumab				
No corticosteroid use	0	211/898	254/1192	1.06 (0.85-1.33)
Corticosteroid use	0	793/2585	693/2815	0.77 (0.68-0.87)
Sarilumab				
No corticosteroid use	0	83/384	283/1134	1.18 (0.88-1.58)
Corticosteroid use	0	48/281	124/607	0.92 (0.61-1.38)
Progression to IMV, ECMO, or death at 28 d				
All anti-IL-6				
No corticosteroid use	0	308/1004	399/1541	0.96 (0.79-1.17)
Corticosteroid use	0	893/2496	822/2986	0.71 (0.63-0.80)
Tocilizumab				
No corticosteroid use	0	250/791	266/1016	0.95 (0.76-1.20)
Corticosteroid use	0	859/2283	729/2518	0.69 (0.61-0.78)
Sarilumab				
No corticosteroid use	0	59/214	126/498	0.98 (0.67-1.44)
Corticosteroid use	0	38/227	75/423	1.08 (0.67-1.75)
28-d secondary infections^a				
All anti-IL-6				
No corticosteroid use	3	165/758	434/1820	0.92 (0.74-1.15)
Corticosteroid use	1	160/798	310/1378	1.04 (0.82-1.31)
Tocilizumab				
No corticosteroid use	0	86/385	146/659	0.79 (0.57-1.10)
Corticosteroid use	16	132/573	210/772	1.04 (0.80-1.36)
Sarilumab				
No corticosteroid use	8	79/373	285/1130	1.03 (0.77-1.38)
Corticosteroid use	0	28/225	92/560	0.94 (0.58-1.52)



Multiple subgroups and outcomes



What's next?

What is the best way to present interactions and subgroup effects together?

Trial-level two-panel plots struggle with many trials and covariates with >2 subgroups

Can we incorporate continuous covariates without dichotomising?

Method can be generalised to continuous covariates, but would require IPD

How can we make the method more accessible?

Software available in Stata, but ideally want to get this programmed in R

Continuous covariates

- We don't want to categorise (e.g., Age), want to be able to estimate personalised treatment effects **across the entire age spectrum**
 - May be non-linear relationships as well
- Work ongoing that builds on ideas from RSM paper (Godolphin et al. 2023), tutorial in Stat Med (Riley et al. 2020) and IPD Handbook (Riley, Tierney, Stewart. 2021)
 - Needs IPD – but also with IPD the method can be more powerful



RESEARCH ARTICLE | [Open Access](#) |

Estimating interactions and subgroup-specific treatment effects in meta-analysis without aggregation bias: A within-trial framework

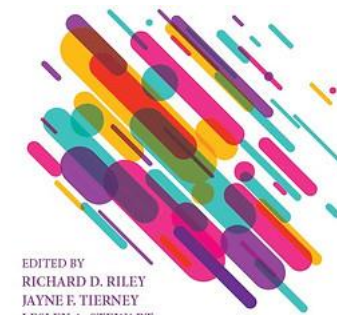
Peter J. Godolphin, Ian R. White, Jayne F. Tierney, David J. Fisher



TUTORIAL IN BIOSTATISTICS | [Open Access](#) |

Individual participant data meta-analysis to examine interactions between treatment effect and participant-level covariates: Statistical recommendations for conduct and planning

Richard D. Riley Thomas P.A. Debray, David Fisher, Miriam Hattle, Nadine Marlin, Jeroen Hoogland, Francois Gueyffier, Jan A. Staessen, Jiguang Wang, Karel G.M. Moons, Johannes B. Reitsma, Joie Ensor



EDITED BY
RICHARD D. RILEY
JAYNE F. TIERNEY
LESLEY A. STEWART

**Individual Participant
Data Meta-Analysis**

A Handbook for Healthcare Research

STATISTICS IN PRACTICE

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Software



github.com/UCL/metafloat

- metafloat package in Stata, helpfiles and example available
- ipdfloat package in Stata under development

Test of interaction(s):

```
( 1) [Overall_mean]y_Inodal_1 = 0
( 2) [Overall_mean]y_Inodal_2 = 0
```

```
      chi2( 2) =    4.68
      Prob > chi2 =   0.0961
```

Test for trend:

```
( 1) [y_Inodal_1]_Trend_1 = 0
```

```
      chi2( 1) =    0.26
      Prob > chi2 =   0.6119
```

Floating subgroups:

Subgroup	exp(b)	Std. err.	z	P> z	[95% conf. interval]	
y_Inodal_0	.9818489	.1476356	-0.12	0.903	.7312297	1.318364
y_Inodal_1	1.411556	.1528087	3.18	0.001	1.141697	1.745201
y_Inodal_2	1.092993	.1210759	0.80	0.422	.8796822	1.358029

The screenshot shows the Stata help viewer for the metafloat command. The title bar reads "Viewer - help metafloat". The main content area displays the following information:

help metafloat

Title
metafloat — Routine for estimating covariate interactions and subgroup-specific treatment effects in aggregate data meta-analysis

Syntax
metafloat ES seES [if] [in] , study(varname) subgroup(varname) [options]

where ES seES are variables containing effect sizes and standard errors within subgroups within studies. Effect sizes must be based on a Normal distribution; for example, log odds-ratios rather than odds ratios.

options Description

Required options	Description
study(varname)	specifies the variable containing the study identifier
subgroup(varname)	specifies the variable containing the subgroup identifier

Heterogeneity covariance structures

Structure	Description
unstructured	unstructured random effects for both SigmaGamma and SigmaBeta (default)
fixed	all fixed (common) effects
exchangeable	exchangeable structures for both SigmaGamma and SigmaBeta
randombeta	special case of exchangeable with common effect on Gamma (i.e. SigmaGamma = 0)
wscorrzero	special case of exchangeable with zero within-study covariances for SigmaBeta

Other options

Option	Description
augvariance(string)	specify the augmentation variance for missing/imprecise observations
design	additional parameters in final model describing the available subgroups per trial (e.g. "single-subgroup" trials)
eform	report exponentiated effect sizes
naive	unstructured random-effects for both SigmaGamma and SigmaBeta
showmodels	display all intermediate mvmeta models

Conclusions

- Subgroup analyses are important in trials & meta-analysis to work out whether effects of treatments do vary → **impact clinical decision making**
- Trials lack power to look at subgroups, so meta-analysis is potentially the **most reliable** way to do this
- BUT... meta-analysis has additional issues that subgroup analysis in a single trial doesn't have → **aggregation bias**
- We proposed a novel approach to ensure you get compatible subgroup effects alongside the bias-free interaction
 - Can be implemented using aggregate data
- We suggest approaches to present interactions and subgroup effects together

Acknowledgments

Co-authors

David Fisher, Jayne Tierney, Ian White

Colleagues in meta-analysis programme at MRC CTU

Claire Vale, Sarah Burdett, Tim Morris, Becky Turner, Lara Rydzewska, Ewelina Rogozińska, Lily Nicholson

Collaborators in our meta-analysis projects

STOPCAP, WHO REACT



[Twitter @MRCCTU](https://twitter.com/MRCCTU)
www.mrcctu.at.ucl.ac.uk

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Are there any questions?

Contact details:

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 p.godolphin@ucl.ac.uk

 @petegodolphin



github.com/UCL/metafloat



[Twitter @MRCCTU](https://twitter.com/MRCCTU)
www.mrcctu.at.ucl.ac.uk

Further details:

Research
Synthesis Methods



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Estimating interactions and subgroup-specific treatment effects in meta-analysis without aggregation bias: A within-trial framework

Peter J. Godolphin, Ian R. White, Jayne F. Tierney, David J. Fisher 

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MRC
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Appendix slides



Single-subgroup trials...

- Trials including only a single participant subgroup cannot contribute to the within-trial interaction
 - There is nothing to estimate here
 - We refer to these as “**single-subgroup**” trials
- But we can still use the information from this trial in the within-trial framework when estimating **subgroup-specific treatment effects** compatible with this interaction

$$\hat{\beta}_{SS} = \begin{bmatrix} \hat{\beta}_{1SS} \\ \cdot \end{bmatrix} \quad \hat{\gamma}_{2SS} = [\cdot - \hat{\beta}_{1SS}] = ne$$

Estimating subgroup-specific effects compatible with the interaction with single-subgroup trials

- The unobserved estimates may be considered to be very imprecisely estimated
 - Assign them a **value of zero** for the effect size
 - Assign them a **large variance** (e.g., 10,000)
 - Similar approach to that used in network meta-analysis
 - Important to check that alternative values of the assigned variance give near-identical results
- Then use all of the information from the trial (observed and **augmented** values)

$$\hat{\beta}_{SS} = \begin{bmatrix} \hat{\beta}_{1SS} \\ 0 \end{bmatrix}$$

Assumption of transitivity

- By using all of the trial's information, we are making a strong assumption:

Assumption of transitivity across subgroups

- This assumes that any **non-observed** subgroup-specific treatment effect could in principle have been
- And its true value would be **identical** to those of the remaining studies
- If such studies are assigned relatively large weights, then this assumption may have a substantial impact upon the subgroup estimates

An extreme example – WHO REACT Corticosteroids PMA

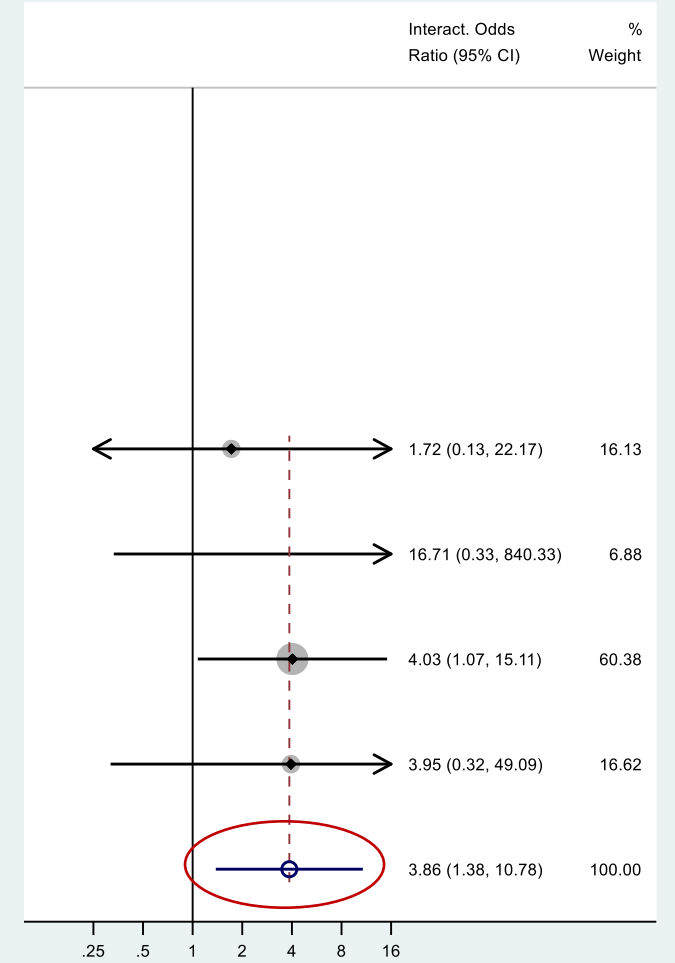
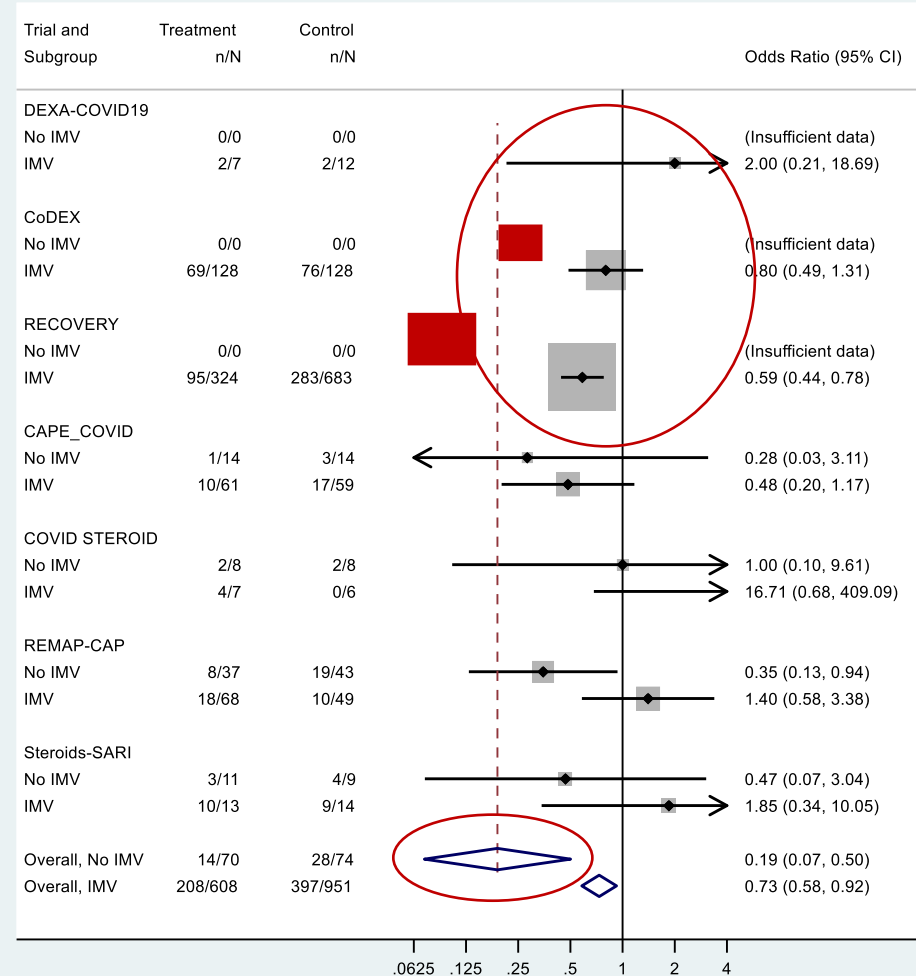
Population: Patients hospitalised with COVID-19

Intervention: Corticosteroids

Outcome: 28-day mortality

Study design: RCTs

Subgroup: invasive mechanical ventilation



Research

JAMA | Original Investigation | CARING FOR THE CRITICALLY ILL PATIENT

Association Between Administration of Systemic Corticosteroids and Mortality Among Critically Ill Patients With COVID-19
A Meta-analysis

The WHO Rapid Evidence Appraisal for COVID-19 Therapies (REACT) Working Group

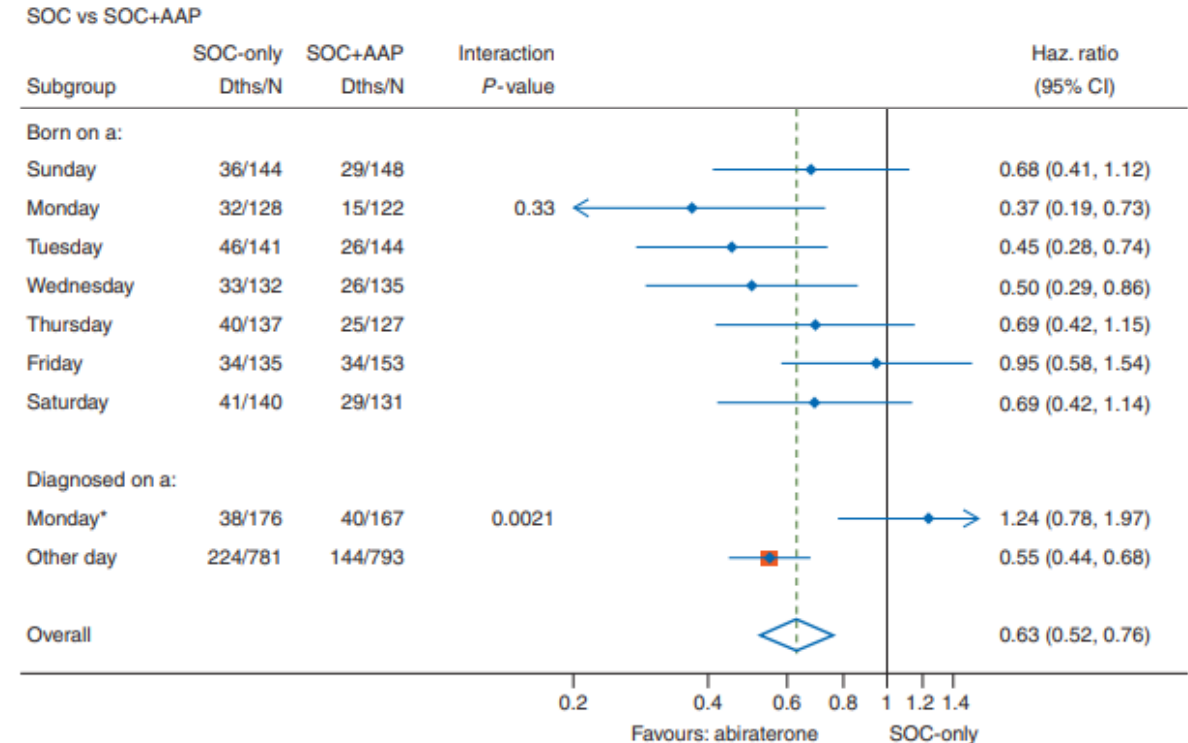
Dealing with single-subgroup trials

- If the estimate from a single-subgroup trial is extreme relative to the remaining data, then it may be questionable whether **the pooled interaction is applicable** to this trial
- We strongly recommend that reviewers **critically evaluate the design and setting** of “single-subgroup” trials to assess whether this assumption holds
- As a sensitivity analysis, it may be sensible to remove single-subgroup trials from estimation procedure to test the impact of this assumption on estimates

An aside: importance of pre-specification

Spears: If data is repeatedly trawled, a subgroup will likely be found which appears significant. To mitigate, only a small number of clinically plausible (or, ideally, hypothesized) subgroups should be tested

All of this remains true for meta-analysis



Annals of Oncology

‘Thursday’s child has far to go’ — interpreting subgroups and the STAMPEDE trial

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